

# **GOVERNOR'S MONTHLY LETTER**

Rotary International District 3800 | Issue No. 5, November 2022







### ON THE COVER:

DG Arturo "Bobby" Tanyag gave a very inspiring message to the attendees of the Rotary 103 seminar held at Club Filipino in Greenhills, San Juan City last November 19, 2022. The event was attended by IATPs, District officers and Rotarians from District 3800.

### Insert:

PDG Edi Chua Co Kiong answers a query posed on his talk about Protocol and Decorum. Other prominent resource persons on the event were PDG Jun Farcon, PDG Tonipi Parungao and PP Bobby Rosadia.

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The Governor's Monthly Letter is a monthly publication by the District Governor of Rotary International District 3800. Please send letters, photos and other related materials to the District Editorial Board or email to:

priscorivera2005@gmail.com



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# **RI PRESIDENT'S MESSAGE**

### **November 2022**

Being asked to Imagine Rotary can seem like a big, heady exercise, but the most important element of it is something quite small, even personal.

Not too long ago, Rotary members were expected to perform our acts of service quietly. I understood and appreciated the thought behind that — humility is a wonderful trait, and we should continue to nurture it in other ways.

But keeping Rotary to ourselves has a cost. and by sharing our Rotary moments, we are being generous with others and giving them an opportunity to understand the impact of Rotary.

It brings to mind that wonderful aphorism: "People will forget what you said. People will forget what you did. But people will never forget how you made them feel."

So how do we make people feel Rotary? The best way is to share our Rotary moments. We have all had them — when the ordinary collides with intention to create something extraordinary.

Some people have those Rotary moments the first time they go to a meeting. For others, it can take years, before seeing the joy in the eyes of someone we serve. Or perhaps in hearing from another member something that hit close to home.

As Nick and I share this journey, we are amazed at the work you are performing and the lives that are transforming. Throughout the year, I'm going to share with you the sights and the stories that made those tours meaningful for us.

I hope you can do the same in your corner of Rotary. It can be something you share in meetings or on social media. For the most savvy and ambitious, it could be an event you publicize with local media. Even sharing your stories with friends has impact.

We need ambassadors for Rotary's message and our dreams for a better world. The best ambassadors are you. The more you share stories — and share them from the heart — the more you encourage others to partner with us, to join us, and to stay. To give you just one small example, in the months ahead, I will be turning over this column to Rotary members who will share their personal stories as they relate to diversity, equity, and inclusion in our organization. It's important that we hear these stories directly from the people who experienced them as a way of feeling the importance of DEI for the future of Rotary.

In everything we do, what people feel about Rotary will shape our future. I can only imagine what you will inspire through the stories you'll tell.

JENNIFER E. JONES President, Rotary International RY 2022-2023





## **GOVERNOR'S MESSAGE**

### November 2022

### OUR LASTING LEGACY -

### **THE GEMS OF PHILANTHROPHY OF DISTRICT 3800**

I am deeply honored to thank all of you, the gems of philanthrophy of Rotary International, the benevolent Rotarians of District 3800 for your gifts of lasting legacy to the Rotary Foundation and recognize your overflowing compassion and generosity to ensure that our charity of choice will continue to turn dreams into reality of millions of people around the world.

We imagine a world with all possibilities, our world transformed, a world without disease, a world where children can learn to read and write at an early age, a world where clean water is accessible to everyone, a world where everyone can enjoy stability and hope as we all unite to help create paths for a healthy, productive life for all.

This tremendous responsibility and challenge will never be addressed without generous donors like you, whose thoughtfulness and genuine compassion for serving humanity, and the passionate dedication to Rotary's motto of Service Above Self, all help spur unimaginable innovation to make our dreams into reality.

I am very proud and all of you as well are as proud to be a part of Rotary's rich history of Doing Good in the World as we all continuously share our Blessings, Kindness, Joy, and Peace in our communities and across the Globe that makes a lasting difference.

I extend my deepest gratitude on behalf of the Rotary family of RI District 3800 for your overflowing generous contribution to our Rotary Foundation.

Sincerely,

ARTURO "BOBBY" C. TANYAG Governor, RI District 3800 RY 2022-2023





### DISTRICT SECRETARY for OPERATION NOEL L. CUICO



As always, DG Bobby Tanyag and the IATPs deserve big pats on their shoulders for continuously making the District proud of their many achievements and accomplishments almost halfway through their term. Let us all give them a big round of applause for jobs exceptionally done!

Congratulations to PP Lito Sese, Community Service Projects Chair for spearheading District 3800's "Pitong Alay Serbisyo ng Rotaryo, **Sama-samang Saya para sa Baras**", the 2<sup>nd</sup> edition of Imaginative Amazing Team Service Fellowship held last November 12, 2022. DG Bobby and the IATPs conducted seven (7) projects covering all of the 7 areas of focus of Rotary for the residents of Sitio Malalim, Barangay San Juan, Baras, Rizal (see details of project on pages 11-12).

**The Rotary Foundation Recognition Night** held last November 16, 2022 was a rousing success, thanks to the effort of the host club, the Rotary Club of Marikina Hilltop headed by IATP RJ Rizada nd PP Cesar Montalla, Club TRF Chair, with support from its members and spouses. They put up a great event that was lauded by the more than 300 Rotarians and guests that attended. TRF Trustee Chair, PRIP Ian Riseley of the Rotary Club of Sandringham, Victoria, Australia was the guest of honor with DRFC PDG Nelson Aspe and ARRFC/Annual Giving Chair PP Gina Sanchez also gracing the event.. A tribute was given to honorees of RY 2021-2022: EREY Clubs, 100% Foundation Giving Clubs, End Polio Now: Countdown to History, Top 3 Per Capita Clubs and Top 3 Contributor to End Polio. For RY 2022-2023, the Honorees were: Arch Klumph Society Trustees Circle and Foundation Circle, New & Continuing Major Donors, Levels 1-4, New Named Endowment Fund & Bequest Society Member, and Rotary's Promise Club. Also presented were the New & Multiple Paul Harris Fellows while given due recognitions were: New Polio Plus Society members, End Polio Now: Countdown to History, EREY & Foundation Giving Clubs, and Sustaining Member Clubs.

**Rotary 103: Learn to Read** was held last November 19, 2022 at Kalayaan Hall, Club Filipino, Greenhills, San Juan City. Hosted by the Rotary Club of Caloocan with IATP Vic Talicuran leading the charge and was ably supported by its members, the event attracted more than 200 Rotarians which shows the thirst of Rotarians for knowledge and training. PDG Anthony "Tonipi" Parungao, ARPIC for Zone 10A, started the ball rolling with his talk on *Situational Leadership Styles and Effective Communication*. He was followed by CP Roberto "Bobby" Rosadia of the Rotary E-Club of Marikina on his topic, *Strategic Planning: What, How, Why. Leadership and Service Beyond Club Level* was then discussed by PDG Virgilio "Jun" Farcon, Jr., E/MGA for Zone 10A. The topic that garnered the most queries during the open forum was *Protocol and Decorum* which was presented by PDG Eduardo "Edi" Chua Co Kiong, the District Chair on Protocol. The event was also ably assisted by Rotary Academy Chair PP Chuck Manansala and Committee members, PP Jeng Liban and PP Pam **Ba**luyo.

Let me also congratulate PP Jennie Cruz of the Rotary Club of Cainta and RYLA Chair for the overwhelming success of the kick-off of **RYLA 2022** at Mount Purro Nature Reserve. Themed "Imagine the Future of Rotary", the 2022 Rotary Youth Leadership Awards (RYLA) was hosted by the Rotary Club of Cainta and was held for 3 days and 2 nights, from November 11 - 13, 2022. The event was well-attended with 103 delegates which included 7 participants who are deaf and 2 out-of-school youths. Great speakers from the District complimented the learning process of the delegates and the Talent Night showcased the energy and creativity of the participants. Again, kudos to the organizers.  $\bigcirc$ 

As of December 11, 2022, District 3800 has already completed 100 Governor's Visits and Club Inductions, 6 more to go.

Let me take this opportunity to remind all of you of our upcoming activities such as:

 District 3800 Mid-Year Review, RY 2022-2023 January 14, 2023 (Saturday), 1:00 PM – 5:00 PM Kalayaan Hall, Club Filipino, Greenhills, San Juan City 12 NN – Start of Registration Host Club: Rotary Club of Kalookan North

### • Palarotary

February 5, 2023 (Sunday), 7:00 AMMarikina Sports Center, Marikina CityHost Clubs: Rotary Clubs of Rivercity Marikina & Mandaluyong PremierPalarotary T-shirt color by Zone:Zone I – BlueZone 5 – OrangeZone 2 – RedZone 6 – GreenZone 3 – YellowZone 7 – MaroonZone 4 – WhiteZone 8 – Violet

### • DISTRICT CONFERENCE 2023

March 10-11, 2023 (Friday & Saturday) Grand Ballroom, Okada Manila Host Club: Rotary Club of Pasig South Early Bird rates: Rotarians – Php 7,500 Spouses – Php 7,000

Ends on January 31, 2023 Special Promo: First 100 registrants will get Php 1,000 worth of playing vouchers courtesy of Okada Manila

### • Imaginative Amazing Treasure GRAND CAR RAFFLE

To be raffled off during the DISCON...just reminding IATPs to remit payments early.

Let me also announce our upcoming District events and activities (posted on the next page) as I request IATPs to encourage your members especially your new Rotarians to participate and enjoy their Rotary journey.

Last but certainly not the least, let me congratulate GML Chair, CP Prisco Rivera and Vice Chair PP Dan Velarde for the November issue of the Governor's Monthly Letter. Good job guys!

**NOEL L. CUICO** District Secretary for Operation RY 2022-2023











<u>)----</u>] () \_] **MARCH** 

Rotary

District 3800

Grand Ballroom, OKADA Manila

### **REGISTER NOW**

#### RATE:

EARLY BIRD ROTARIAN PHP 7,500.00 EARLY BIRD SPOUSE PHP 7,000.00

#### PAYMENT DETAILS:

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> 122 - 400 - 00350 ROTARY CLUB OF PASIG SOUTH

SCAN ME

IMAGINE ROTARY



https:bit.ly/3ErDwlU

## <mark>Spouses' Corner presents</mark> Turkey Recipe for Christmas

by IPP KRISTINE MARIE G. TANYAG HONORARY CHAIR OF THE SPOUSES' ASSOCIATION RI DISTRICT 3800, RY 2022-2023

With December just around the corner, what better way to dedicate this month's Spouses' Corner for something Christmas related and most specifically something to add to your festivities this holiday season. Since I love to cook and whip up meals, I wanted to share with all of you this very basic turkey recipe to upgrade your Christmas holidays menu spread!

Don't get intimidated by the turkey because you can easily get this at SnR, worst case scenario – you may opt to get a regular chicken instead but get the biggest size. Make sure you go through the recipe first so you can prepare all ingredients and equipment beforehand for an easy breezy preparation. Good luck and I hope you all enjoy making this for the holiday season!



#### ROAST TURKEY WITH CRANBERRY AND MACADAMIA STUFFING

#### **Ingredients:**

#### Gravy

- cooking juices (from cooked turkey)
- 2 tablespoon plain flour
- 1 1/2 cup reduced-salt chicken stock
- Cranberry and Macadamia Stuffing
  - I tablespoon olive oil
  - 250 gram speck or streaky bacon, rind removed and diced
  - I brown onion, chopped finely



- 2 garlic cloves, chopped
- I tablespoon lemon thyme leaves
- 2 I/2 cup fresh breadcrumbs (don't use packaged dried breadcrumbs)
- handful flat-leaf parsley, chopped roughly
- 3/4 cup unsalted macadamia nuts, chopped roughly
- 1/2 cup dried cranberries, separated
- cracked black pepper

Turkey

- 2 tablespoon duck fat or vegetable oil, and sea salt flakes
- baby spinach leaves, to serve

#### Procedure:

- Before preparation, remove turkey from fridge 30 minutes prior to cooking. Pre-heat oven to 200°C (180°C fan forced).
- To make stuffing, heat olive oil in frying pan over medium high heat. Cook bacon and onion for 10 minutes or until bacon starts to colour, stirring occasionally. Add garlic and lemon thyme; cook for 2 minutes, stirring occasionally. Remove from heat and stir through breadcrumbs.
- 3. Add parsley, macadamia nuts, cranberries and pepper to stuffing mix; stir to combine. Allow to cool.
- 4. Prepare turkey. Fill cavity of bird with stuffing. Cross legs and tie together using twine. Dry skin with paper towel, then rub with duck fat or vegetable oil and sea salt.
- 5. Place breast side down in baking tray, cover with foil and roast for 2 hours. Remove foil, turn breast side up, baste with cooking juices and continue to cook uncovered for 1 to 1 1/2 hours until cooked through and skin is crisp.
- 6. Remove turkey from oven and place on platter to rest for 30 minutes. (To make sure turkey is cooked, insert skewer into thickest part of thigh. If juices run clear, turkey is ready; if not, return to the oven and check at 20 minute intervals). Serve roasted turkey on a bed of baby spinach for carving.

### GLOW: Girl Leaders of the World

### by **IATP Kurt Soliman** Rotary E-Club of EDSA Ortigas

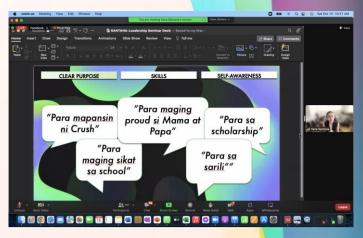
The Rotary District 3800, in partnership with the Rotaract District 3800, the Interact District 3800 and the Rotary Community Corps District 3800, conducted an empowering girls project entitled "GLOW: Girl Leaders Of the World" last October 15, 2021 (Saturday) 9:00 am via Zoom Conference simulcast through the GLOW: Girl Leaders of the World, Rotary Club of Sampaguita Grace Park and Rotary E-Club of EDSA Ortigas Facebook Pages.



The activity was held in celebration of the United Nation's International Day of the Girl Child. The event featured two (2) girl leaders who are ready to empower today's girls into tomorrow's empowered women. The first speaker, Krisha Pangilinan, was a student leader at De La Salle University and her talk focused on the topic entitled "Breaking through Barriers: The World Through the Eyes of a Woman". She shared how a young girl can make a difference in today's society. The other speaker, Alyana Santana, was a newly graduated corporate girl. Her talk focused on the topic "Being a Leader in Business and Entrepreneurship". She shared how a young girl can lead in the corporate world.

During the Open Forum, both of the speakers were very open to share from their personal and organizational perspectives what they believe we have accomplished for the advancement of girls' rights around the world, as well as the challenges still to be addressed.

The event was very timely as we commemorate the 10th anniversary of the International Day of the Girl (IDG). All girls deserve better—the world deserves better. This year's theme puts the international community on notice. It calls upon us to do better collectively. Because if



anniversaries are normally associated with celebration, this year is a wake-up call to refocus attention on girls and their solutions.



# Honoring the IATPs during the 2<sup>nd</sup> Breakfast Meeting

#### by **SAG Joanne Vera Cruz-Felix** Rotary Club of Metro Marikina

In the morning of October 22, 2022, a total of 153 Rotarians trooped to the Corinthian Garden Clubhouse to attend the 2<sup>nd</sup> Breakfast Meeting of the Imaginative Amazing Treasure Team, 78 of whom are Imaginative Amazing Treasure Presidents.



The venue and meals were again hosted by IAT Governor Bobby Tanyag in partnership with Cluster 2 (Zones 4 & 5) Operations Team which handled the Registration and Program Flow Management. Lots of raffle prizes, 125 in number, spiced up the event Major prizes included cash amounting to 10k, 5k (2 prizes), and 3k from the generous hearts of DS Noel Cuico, ARFFC Gina Sanchez, DS Sherryl Khosiking and ARPIC/COS/CP Josh Santos, respectively. Other cash prizes of P1k each were won by 12 lucky winners. Other raffle items or stuffs were also given out, donated by the IATPs of Zone 4, Zone 4 & 5 DDS, SAGs and AGs.







The breakfast meal was boosted by the samplers of BossMax Mangosteen Coffee, Merixin 4-in I Juice, Turmeric Tea, Cuzco Kola No Sugar, Wira Pineapple Soda from Corbridge, and the sumptuous RC San Mateo Central's All Star Kakanin. With the meeting crossing over lunch, Zone 4 IATPs served Pica Pica (chips, nuts and crackers), Lola Nena's 3 Cheese Donut and Toasted Siopao and Dolor's Pansit Malabon sponsored by IATP RJ Gonzalez of RC Malabon Central.

Highlights of the meeting was the awarding of the Job Well Done on Membership Attraction and Growth Award and the I-Minute Video Awards by the Membership Engagement Committee. Medals were also given to recognize Rotary Clubs which conducted a Significant Service Project from July to August 2022 (based on their I<sup>st</sup> cut-off awards report), The Rotary Foundation early achievers on absolute amount in Annual Funds, Polio Plus and Endownment Fund were also recognized in that event. Indeed, it was almost a dry run of the Awards Ceremony as each of the IATPs run up and down the stage as their Rotary Club is called in various awards category.

Future activities were also announced and promoted in that event such as the Community Service Projects in all 7 Areas of Focus, Rotary Academy's Rotary 103, World Polio Celebration, The TRF Recognition Night, District Christmas Party, RYLA, Friendship Exchange, On to Melbourne's Rotary Convention, and the Rotaract Clubs Update Report.

It might have been an overload of information during the 6hour meeting event, but it was fun and noteworthy. Everyone had a great time as almost everyone got a raffle prize from the 125 items given out by Cluster 2. The host cluster made sure that no one will go hungry and sad throughout the event.



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THE ROTARY FOUNDATION MONTH

### Pitong Alay Serbisyo ng Rotaryo Sama-samang Saya para sa Baras

by **PP Lito Sese** Community Service Projects Chair Rotary Club of Pasig North

IATPs from 73 participating Rotary clubs, their members and families in tow, totalling more than 140 participants converged in front of Marikina City Hall for their 2<sup>nd</sup> bonding time together but most especially for an out-oftown joint service project in Baras, Rizal. Led by the indefatigable DG Bobby Tanyag, DS Noel Cuico, project chair, PP Lito Sese and other District officers, the group proceeded to Sitio Malalim, Barangay San Juan, Baras, Rizal, where they conducted seven (7) simultaneous noteworthy projects covering all of Rotary's 7 areas of focus.



First of a series of projects done was the **"Paps Smear para sa Malusog na Daluyang Buhay"** (Maternal & Child Health) wherein 25 women from the barangay participated and were given free paps smear tests.



At the same time, 40 barangay tanods were given seminar on how to handle any eventualities during the **"Kaligtasan para sa Tahimik na Pamayanan"** (Peace & Conflict Prevention/Resolution) project. Safety hats, flashlights and yantok sticks were distributed after the seminar.



10 "shrieking" piglets were distributed to the poorest of the poor in the **Operation "PIG"Ibig** (Economic &

To "shrieking" piglets were distributed to the poorest of the poor in the **Operation "PIG"Ibig** (Economic & Community Development) project so that they could have their own means of livelihood.



Then DG Bobby Tanyag proceeded to the school building to lead IATPs in the distribution of 200 school bags to elementary and high school students under the **"Tulong para sa Edukasyon ng Batang Malalim"** (Basic Education & Literacy) project.



The group then tested the barangay's deep well, **"Poso ng** Other event pictures: Buhay" (Water & Sanitation) project installed by District 3800 to serve at least 6,000 families in Sitio Malalim.



DG Bobby then led IATPs in a muddy trail uphill and planted 150 fruit-bearing tress in the "Prutas ng Buhay Mo" (Environment) project.



Another service project done was the "Operation Tepok Lamok" (Disease Prevention & Treatment) in which 5 streets in the barangay were given anti-dengue misting.

It was a tiring day for the participants but their joy and happiness never waned as they were rewarded with the warm hugs of appreciation, sweet smiles of the children and the shy "thank you" from the beneficiaries.

In summary, total number of Rotarians who participated in the project was 140 from 73 Rotary clubs with 7 guests. Total cost of the project amounted to Php 300,000.

The IATPs continued with their Imaginative Amazing Team Service Fellowship 2 with a day tour and video shoot at Pililia Windmills and Kawayan Farm which was part of their itinerary.

They wrapped up the day with a sumptuous dinner at Bulawan Restaurant in Pililia, Rizal courtesy of DS Noel Cuico.







### Successfully Kicked off at Mt. Purro Nature Reserve

#### by **PP Jennie Cruz** RYLA Chair 2022 Rotary Club of Cainta

High up in Mount Purro Nature Reserve in Brgy. Calawis, Antipolo City, sitting hip to hip on a November weekend, 103 of 107 club delegates of the District huddled as a mild burst of rain, the wind whipped outside their tents, showcased their talents, tuned in to leadership discourses, shared stories from their experiences, lived and explained how they had come to be RYLAns. Who doesn't like it? The outdoors, the camaraderie, the campfire, the food, the opening program graced by no other than the District Governor himself, DG Bobby Tanyag with his Inspirational Message, and a lot more!



Themed "Imagine the Future of Rotary", the 2022 Rotary Youth Leadership Awards (RYLA) was hosted by the Rotary Club of Cainta and chaired by PP Jennie Cruz, for 3 days and 2 nights, from November 11 - 13, 2022. Indeed, it achieved another milestone. Aligned with one (1) of the four (4) presidential initiatives that RI Pres. Jennifer Jones focuses on - advancing our commitment to DEI - RYLAs significance and lasting impact of peace and development of community leaders through diversity, equity, and inclusion were the focal points this year. The participation of the underrepresented groups in the community of which seven (7) delegates were deaf, assisted by two (2) professional hearing interpreters who provided interpretation and translation in FSL (Filipino Sign Language) plus two (2) out-of-school youth, marked the activity.



The delegates acquired knowledge from the roster of great speakers. PDG Tonipi Parungao discussed pointers on "Ethical Leadership". DEI Chair and Co-Chair John C. Lam and Benjamin Liboro explained well the importance of DEI while PP Iya Santiago had her session entitled "R U Ok", a talk on Mental Health just after dinner on Day I.

Day 2 is what we call the reinforcement activities. Called "This is It Day" for it required physical endurance from the delegates themselves. Most of the activities were done outdoors and built the delegates' survival skills and perseverance. However, the afternoon physical activities did not push through due to heavy rains and the risks involved. With our alternative plan, the delegates instead listened to no less than Arcie Mallari, the CEO and founder of Silid Aralan, Inc. Arcie shared his experience from Payatas, how he met children with dreams of growing up as a housemaid, and how through such stories he was inspired to develop a vision of developing unique educational programs that will help them realize their true ambitions and discover a world far bigger than what they know. The delegates were all ears to his inspiring stories that made them realize the value of not letting hindrances steal our dreams but rather live our dreams. Imagine a world, where people weren't afraid to go for their dreams. Imagine, and believe in your dreams. If we do, how much happier and fulfilled would we become? We should not let someone tell you, you can't do something.

For their last night, delegates showcased their creativity through their Talent Night Presentation. The night's event was graced by our District Youth Committee Chair, DGE Pope Solis with his inspirational message. Together with DGE Pope, Spouse Vicky, and Chair Jennie served as judges in the Talent Night Activity.

In conclusion, delegates were very happy and proud to have achieved the complete training and have received their Certificates. Seven (7) identified RYLAns were named as Outstanding RYLAns honored by the presence of District Governor Arturo "Bobby" Tanyag.



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THE ROTARY FOUNDATION MONTH

### **TRF RECOGNITION NIGHT:** Let's Continue Doing Good in the World

by **PP Carlos S. Manansala** Rotary Club of Marikina Hilltop

The Rotary Foundation (TRF) is the charitable arm of Rotary responsible for transforming donations and gifts from Rotarians and other donors into service projects that change lives in the Philippines and around the world. To honor the generosity of donors from Rotary International District 3800, the *TRF Recognition Night* was held on 16 November 2022 at the ballroom of Crowne Plaza Ortigas.



The event began with a sumptuous dinner buffet featuring delectable *lechon baka*. Dinner was sprinkled with the lively performance of the Bobby Tanyag Singers (BTS) with District Governor (DG) Arturo "Bobby" Tanyag leading the singing. The event opened with a Doxology from the Hilltop Quintet. They rendered an acapella version of the inspirational song I Believe.

The tribute started with recognizing the club honorees of Rotary Year (RY) 2021-2022. These included the EREY Clubs, 100% Foundation Giving Clubs, End Polio Now: Countdown to History, Top 3 Per Capita Clubs, and Top 3 Contributors to End Polio. Presenting the honorees was Past President (PP) Pablito "Lito" Bermundo. Past District Governor (PDG) Efren de Guzman, PDG Mac Hermoso, and PP Josephine Bernabe handed the awards.

The tribute for RY 2022-2023 honorees was facilitated by District Rotary Foundation Chair and PDG Nelson Aspe, Assistant Regional Rotary Foundation Coordinator and PP Gina Sanchez, and Charter President Jess Tan. Handing out the awards were DG Arturo "Bobby" Tanyag and the guest of honor, TRF Trustee Chair Ian Riseley of the Rotary Club of Sandringham, Victoria, Australia. He is a Past Rotary International President (RY2017-2018).





The honorees included the members (both the previous and the new) of the Arch Klumph Society Trustees Circle and Foundation Circle, the New and Continuing Major Donors of Level I to 4, the New Named Endowment Fund & Bequest Society Member, and the Rotary's Promise Club. Then followed the presentation of the new and multiple Paul Harris Fellows, and then the recognition of the New Polio Plus Society Members, End Polio Now: Countdown to History, EREY and Foundation Giving Clubs, and Sustaining Member Clubs.



The more than 300 Rotarians and guests who attended were entertained by the powerful voice of Chad Borja and the lovely songs of Ariel Rivera. The ladies and even the gents swooned as the soaring voices of the two OPM stalwarts filled the ballroom.

The program flowed fast and smoothly with the tight emceeing of Past Presidents Chuck S. Manansala and Charlie Bite. They are both from the event's host club, the Rotary Club of Marikina Hilltop. The event ended with a generous set of raffle prizes including smartphones, Samsung tablets, a 55" UHD Samsung smart TV, and exclusive jewelry donated by PDG Marilou Co.



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THE ROTARY FOUNDATION MONTH



The third and final Rotary Academy seminar, ROTARY 103, was held on 19 November 2022 at the Club Filipino Kalayaan Hall. The hall was full of more than 200 Rotarians, exceeding the target of 150. It shows once again the thirst of Rotarians for knowledge and training.

District Governor Arturo "Bobby" Tanyag in his message highlighted the vital importance of continuing education for Rotarians to improve their leadership skills and elevate their capability to serve. Rotary Academy Chair Chuck S. Manansala, a past president of the Rotary Club of Marikina Hilltop, described the flow of the program in his welcome remarks.



The first topic was Situational Leadership Styles and Effective Communication by Past District Governor (PDG) Anthony "Tonipi" Paruñgao, who is also the current Assistant Regional Public Image Coordinator for Zone 10A. This was followed by the topic Strategic Planning: What, How, Why by Charter President Roberto "Bobby" Rosadia of the Rotary e-Club of Marikina.

The third of the highly informative sets of topics was *Leadership and Service Beyond the Club Level* which was very ably presented by PDG Virgilio "Jun" Farcon, who is currently the Endowment/Major Gifts Adviser of Zone

### Rotary 103: LEARN TO READ

by **PP Carlos S. Manansala** Rotary Club of Marikina Hilltop

10A. The final topic, which attracted the most question during the Open Forum, was *Protocol and Decorum* by PDG Edi Chua C. K., who is the District Chair for Protocol.



The seminar was well driven by the smooth emceeing of Rotarian Jecos Carlos III. The effectiveness of the overall campaign for Rotary 103, the staff and logistical support in Club Filipino, and the conduct of the seminar displayed the eminent hosting skills and capability of the Rotary Club of Caloocan, the host of the seminar.

The Rotary Academy salutes the Rotary 103 hosting team composed of IATP Vic Talicuran, Club events chair Past President (PP) Rey Vistro, PP Marilyn Tan, Secretary/PP Erwin Belleza, and Rotarian Miguel Angeles. The Rotary Academy tips its hat to the Rotary 103 *punong abala* and the social media manager of the academy, PP Pam Baluyo of the Rotary Club of Rodriguez.



DG Bobby Tanyag with the Resource Speakers and organizers of the well-attended Rotary 103





by **PP ANNETTE ESPARAZ** Rotary Club of San Juan Del Monte

To hear Grace Garol, a music teacher and Joyce Lopez, a radio anchor and project manager (both blind since birth) say, "This is a dream come true", makes this journey worthwhile.

For the past 22 years, we at the Rotary Club of San Juan del Monte (RCSJDM) and Touch the Artist's Vision (TAV) tried to take down barriers or rather chip our way through barriers, continuously wedging our foot at the doorway of different organizations trying to open their minds to include a diverse group of people.

Equal access, not only physical ones like the ramps, which is important, but more so access to information that empowers all of us, both the blind and the sighted.

After twelve years of learning Braille, leaving the four walls of school, where can they "see" another Braille text, except some numbers on the elevator panel? How can their learning be applied?

In a normal course of day, two or three times we go to food stalls, restaurants or fast food. We take for granted how easily we choose our orders just by looking at the selection over the counter. But for the visually impaired, they will always need the help of a sighted person to dictate to them. Maybe just a handful of selection.



When we tested the **BRAILLE AND LARGE PRINT MENU** with our young elementary pupils, a boy exclaimed to his mom after reading the Braille menu saying: "Mommy ang dami palang pagkain ang Jollibee, lagi nalang Spaghetti at burger ang sinasabi mo!" (Mommy, there are so many foods in Jollibee, you always mention Spaghetti and burger only!)



Isn't that empowering? Equal access is equal participation. Giving the visually impaired the voice and power of decision making, a gift of choice!

By partnering with Rotary and TAV in this project, it shows that Jollibee is meeting the needs of their customers, integrating the visually impaired customers to the mainstream of society.

The **SENSITIVITY TRAINING** conducted with the managers and crews of Jollibee is an important and integral part of this project. They are trained to assist the visually impaired the correct way. This life skill will be with them even as they step out of the door of Jollibee.

The Braille and Large Print Menu will be available in the first 50 Jollibee stores in Regions 3, 4A, 5, 7, 11 and NCR.

Indeed, a first in the Philippines...

Because Diversity, Equality and Inclusivity is for EVERYONE.



MOA Signing & Launching of Project: "Gift of Independence"



### Special Feature on Zone 4A Rotary Clubs (Marikina)

by **SAG JOANNE VERA CRUZ-FELIX** Rotary Club of Metro Marikina

### One Heart, One Voice, One Mind --- We are Zone 4A!

If not for the persuasion of ARPIC/COS/CP Josh Santos, which was capped by the appointment issued by DG Bobby Tanyag, 1 would have just been my usual

self, doing tasks at the background, supporting the hardworking leadership of District 3800. Yet, as I got to personally meet the Imaginative Amazing Treasure Presidents during the PETS 2022, I was inspired and driven to do well on my assigned role as their Senior Assistant Governor for Zone 4A.

A little wary at first, knowing that I will be working with the more seasoned leaders of the 10 Rotary Clubs assigned to me, I found courage and delved into the best action plan we can have, supported by the hardworking, dedicated and amiable personalities of our team's Assistant Governors --- Transforming Presidents Jerome Josef of RC Marikina, Tracy Gannaban of RC Marikina East, and one of my best friend in our Peace Builder League Ricky Cinco of our very own RC Metro Marikina. Guided by our SEAG Greg Pacifico also from RC Metro Marikina, and DDS Ronie Masangkay from RC Marikina, I believe we will be a good support team as we are not just colleagues, but we are a Family!

For this issue, we are honored to have the Rotary Clubs of Zone 4A get their share of the limelight in the golden pages of our Governor's Monthly Letter. Before our IATPs showcase their respective clubs, allow me to give you a glimpse of Zone 4A:

- RC Marikina the oldest club in Zone 4, it being on its 58<sup>th</sup> year. We fondly call this club as "Mother Club" with close to 70 members to date, with mixed gender, dynamic in ages and home of the indefatigable Past District Governors Ting Tangco, Efren de Guzman, Virgilio "Jun" Farcon, Jr., and several of LGU -Marikina's leaders as well. Zone Chair IATP Joey Ong takes the lead not just in RC Marikina but among Zone 4 IATPs as their "Kuya". He is ably supported by Spouse Josie.
- RC Marikina West a club where the incoming Governor for RY 2023-2024, DGE Pope Solis, hails. This is the 3<sup>rd</sup> Rotary Club chartered in Zone 4 on June 28, 1984, and is popularly known as "The Golden West". They have I female member, 31 male members and a very Strong Spouses who are all the way supportive of any and all of their club goals. Fellowship plays a major role in the Westerners, even if they are basically lawyers, engineers and business owners. IATP Vince with Spouse Rose ensure fun at the Golden West.
- RC Marikina Central another club to reckon with, whose goal is to do more believing that all things are possible! No challenges can destroy their unity and strong bond. Slowly heading towards growing once again, having more millennials as members, their club is bouncing back and is speeding up. IATP Mickko Mendoza maybe known as a shy guy, soft spoken at that, but he is go-getter.
- RC Marikina Hilltop the only remaining Male Club in Zone 4. It stands on a strong Spouses support to its club's goals. The Hilltops have a very strong funding, it being always in the top 10, if not top 5, of The Rotary Foundation Absolute Amount, Giving. IATP RJ Rizada and his gorgeous Spouse Mae are all set to raise the bar higher for the Hilltops in this Rotary Year with its 38 members.
- **RC Marikina East** this club would have been a very large Rotary Club if its charter members have not chartered their new respective Rotary Clubs. It is the former home club of PDG Alfredo "Jun" Abellar, Jr.

Nonetheless, it is still a very strong club to date. It surmounted various challenges which did not dampen the spirit of its members who remain motivated. Currently with 28 members, IATP Che Enriquez and Spouse PN Ryhme promised to work in synergy with their seasoned leaders and keep the club as strong as it has been in the last 29 years.

- RC Metro Marikina now on its 18<sup>th</sup> year, a major drawback to the club almost brought them down the passing of DGE Raul Evangelista, one of the club pillars. Yet, with the determination to Simply be the Best (as their battle cry), and the motivation of its Charter Leader, SEAG Greg Pacifico, supported by PP Jess Domingo and PP Dondi Onglengco (close friends of DGE Raul), they marched together to carry on. The club did well and is still flying high! IATP Lei Evangelista draws strength from the legacy of his late husband and has the full backing of its 33 strong members.
- RC Marikina South my very own, my favorite and dearly missed PDG Lirio Sandoval is from this club. It is also where our very reliable Rotary guru on programs and processes, PP Jun Angeles, belongs to. Its 20 members are composed of mixed gender, some are seasoned Rotarians yet very active in community service. IATP Ralph Reyes in his busy schedule as a business owner always finds time to join his club not just during their club meetings but in all of its club activities.
- RC Marikina Valley a 35-member club with mixed gender, well-balanced age and another dynamic and fun group. Chartered on February 12, 2014, it remained to be a strong club to date, passionate for community service and fellowship that bind them together. IATP Rovic Bawalan serves as a good model for a work-life balance, where work and play intertwine.
- Rec Marikina chartered on the same Rotary Year as RC Marikina Valley, District Resource Speaker CP Bobby Rosadia is from this highly competent eClub. As most of the District Officers said during their Governor's Visit --- ReC Marikina has proven its resiliency up to this time and has proven its generosity to serve its community in its own way. IATP Lito dela Paz and Spouse Ofie take the forefront of the club.
- RC Greater Marikina Valley one of the young club in the Zone, chartered on June 2018, and was greatly affected by the offshoot of Covid-19 on its 2<sup>nd</sup> Charter Year. Yet, as of date, they are one of the promising club in the zone, if not at all in District 3800, as they braved its way to accomplishing so much in just a short period of time. IATP Joy Galzote and Spouse PP Bong work hand-in-hand with all of its 22 members to shine continuously and be a treasure not just to their colleagues but to the communities they serve.

Lengthy as it may be, we do hope that you were able to get a glimpse of the 10 Rotary Clubs from Zone 4A. You may continue to be informed as we share to you what they do in each of the communities they serve. For in Zone 4A, we do what we are tasked to do. We serve our communities with a big heart. We mingle, play and have fun with one another. We think as one family to Serve Above Self and Imagine Rotary!!!



### **ROTARY CLUB OF MARIKINA**

### "ARAYAT ABRA", Help Abra!

by **IATP JOSE T. ONG** Rotary Club of Marikina



On July 27, 2022, a 7.0 magnitude earthquake struck the mountainous province of Abra at 8:43 a.m. triggering landslides and collapsing structures. Responding to the call for help, the Rotary Club of Marikina (RCM) initiated a fund drive to gather resources and organized an onsite relief donation to assist in the recovery of affected communities in Abra.

Dubbed as "Arayat Abra" or Help Abra, the drive generated enough funds to facilitate the procurement of 150 assorted grocery bags, 100 pieces of outdoor tents (for use for residents unable to return to their homes because of prevalent aftershocks), 100 pieces of solar panel chargers for mobile phones and 100 pieces of rechargeable led pocket lights.







On August 12, 2022, in spite of almost 10 hours of travel, Rotarians from the RCM reached the Municipality of Villaciosa, particularly at the Lumaba Integrated School and the Villaciosa Central School Evacuation Centers, with the assistance of the local authorities we were able to distribute the relief donations to the appreciation of the residents of the earthquake affected communities. It was another day of service for the love of Rotary!



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### ROTARY CLUB OF MARIKINA WEST

### AGAP-PUSO MULA SA ROTARYO PARA SA MARIKENYO

#### by PP RADIAN FANTONE

Rotary Club of Marikina West

Early morning of 19 August 2022, several members and spouses of the Rotary Club of Marikina West (RCMW) trooped to Leodegario Victorino Elementary School (LVES) in Barangay Jesus dela Peña, Marikina City, and simultaneously conducted multiple service projects touching on some RI Areas of Focus (AOFs). The project was successfully conducted with the support of the LVES School Administration, Office of City Councilor Bojie Bernardino, Central Tondo Volunteer Fire Brigade, Dagupan Tondo Volunteer Fire Brigade, Philippine Red Cross Marikina Chapter, United Frontliners Partylist, Rotaract Club of Marikina West, and Rotary Community Corps of Marikina West.



Hereunder are the various service projects and their corresponding Areas of Focus:

### **AOF:** Fighting Disease

- I. Flushing/cleaning of school premises;
- 2. Donation of 10 electric mosquito killers;
- 3. Medical consultations with free ECG;
- 4. Distribution of medicines/supplements;
- 5. Optical consultation with free eyeglasses for the first 50 patients; and
- 6. Red Cross training of basic CPR, life saving techniques, proper handwashing.

#### AOF: Saving Mothers and Children

- I. Hot meals distribution; and
- 2. Donation of 50 breastfeeding covers.

### **AOF:** Supporting Education

I. Donation of 50 basic school supplies kit;





#### IATP VINCENT BARTOLOME

#### Others

I. Fire Prevention Seminar

A total of 4,630 beneficiaries benefitted from the above service projects.

Participating in the half-day event were the following: 18 Rotarians and 6 Spouses from the RCMW; 5 Rotaractors; 3 RCC members; 20 fire volunteers; 10 volunteers from the United Frontliners Partylist; 3 medical doctors; 15 Red Cross volunteers; and 15 personnel from the LVES Administration Office. All in all, a total of 95 volunteers served in the project.

A hearty lunch fellowship followed after a tiring but fulfilling volunteer work.











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### **ROTARY CLUB OF MARIKINA CENTRAL**

### **ADOPT A SCHOOL PROJECT**

### by IATP MIKKO MENDOZA

Rotary Club of Marikina Central

The Rotary Club of Marikina Central conducted an "Adopt a School Project" with the Inner Wheel Club of Marikina Central and the Rotaract Club of Marikina Central last September 2, 2022, Friday. This project involves donation of school supplies, school bags, grocery items, water filtration facility and with supplemental feeding.

The beneficiary of the project is the Balanti Elementary School – Unit One located in Dama de Noche Street, St. Dominic Subdivision, Cainta, Rizal, A total of 105 students from Kinder to Grade 6 benefitted from the project.









### ROTARY CLUB OF MARIKINA HILLTOP

### RCMH PROJECT FOR INDIGENT MOTHERS & WOMEN

### by IATP RYAN JOSEPH R. RIZADA

Rotary Club of Marikina Hilltop

Previously, people used to see their doctors only when they were sick, or dying. Nowadays, preventive health care is becoming commonplace as people becomes more educated and empowered about their own health. People are pre-emptively seeking medical advice on how to live a healthy lifestyle.

But such is not the case in our community in Olandes, Barangay Industrial Valley, Marikina City. We saw and acknowledged the situation they are in. We felt the need to highlight in them the importance of prevention as a means to reduce the number of patients requiring treatment, especially among young and pregnant women.

The Rotary Club of Marikina Hilltop (RCMH), with the help of our service partner, PENTAMED SOCIETY INC., an association of OB-GYN doctors from seven (7) big hospitals in Manila, were able to provide screening and primary care to over one hundred fifty (150) women in the community.



Specifically, we provided free Pap Smear and OB-GYN ultrasound and invited women who are pregnant or having gynecological issues (i.e., with myoma, with ovarian cyst, menopause, has menstrual problem, cannot conceive, experiencing stomach pains, has polycystic ovaries, dealing with abnormal discharge, etc.) to avail of our services for free.





Indeed, regular checkups can help determine potential health issues before they become a big problem. Take the case of three (3) women from Olandes whom we found out after the consultations to be suffering from life-threatening conditions. Early detection gave them the best chance for getting the right treatment quickly and to take important actions toward living a longer and healthier life.





### **ROTARY CLUB OF MARIKINA EAST**

### CELEBRATING RC MARIKINA EAST 30<sup>th</sup> YEAR OF SERVICE & FELLOWSHIP

#### by IATP RACHELLE E. ENRIQUEZ

Rotary Club of Marikina East

The Rotary Club of Marikina East (RCME) celebrates its 30 years in service this Rotary Year 2022-2023. As part of the club's year-long pearl celebration, RCME is on its road to being a 100% Paul Harris Club by December 2022 and have already rendered 115 Service Projects as of November 2022 to community areas in Marikina, Rizal and Quezon City.

High impact service programs such as Project "SUNSHINE – Solar Street Lamps", Project "PASADA – Leadership and Drivers Seminar" for 7,500 drivers in Marikina and Empowering Girls Livelihood Projects such as RCME Community Job Fair for Women, BUNding Tayo and Project G, are only a few amongst the 115 Service Projects that have been completed by the club within 4 months since the start of the Imagine Rotary Year last July.

The Rotary Club of Marikina East will continue its legacy in service and will remain driven and dauntless in dreaming big to create lasting change and imagining a better world!



**BUNding Tayo! Empowering Girls** 



**Project G: Empowering Girls** 







Project HUGS with Philippine Heart Center DREAMPLAY



**RCME Community Kitchen** 



SPEDskwela

### ROTARY CLUB OF METRO MARIKINA

### STRENGTHENING THE NEW GENERATION & EMPOWERING WOMEN

#### by IATP LEI TIBAYAN-EVANGELISTA

Rotary Club of Metro Marikina

Women and Children are the main focus of the Imaginative Rotary Year of the Rotary Club of Metro Marikina (RCMM) although there are other Areas of Focus that we also pursue as we continue to serve our community.

Jumpstarting a Happy New Rotary Year for Children, RCMM conducted a project for children dubbed as "Kalinga at Saya sa Batang Tumana" which benefitted 135 children. Held at the covered court of Brgy. Tumana, Marikina City, on July 2, 2022, it was a half day Rotary celebration for children (with their parents) conducted through a Kiddie Party (ventriloguist and magic show, games), Dental and Medical Treat Kit (dental forum with dental, multivitamins and hygiene supplies), BMI Assessment and Rotary Gift Packs (coloring books, crayons and slippers) which was capped by a sumptuous lunch and blowing of the Rotary Cake Candle. It was also during that time that the RCC of Metro Marikina was conceptualized and drafted composed of volunteer women of Brgy. Tumana who voluntarily agreed to partner with the club. They were duly briefed and organized on August 17, 2022 and so, their charter form was then forwarded to Rotary International.



The RCC of Metro Marikina, with the RAC of Tumana Youth Sector, worked hand-in-hand in implementing the Operation Tule on July 8-16, 2022 with 235 young boys as project recipients. It was followed by "Bigat at Tangkad, Kalusugan ang Hangad" project conducted on September 8, 2022 which is a follow through of the BMI Assessment Project done last July 2, 2022 which benefitted 135 kids and with additional 150 more. It also conducted "Busog





at Lusog" project which is a 6-day kitchen soup program for 41 underweight kids coupled with deworming and free vitamins distribution. It was also during the Operation Tule that the Interact Club of Metro Marikina, a community based group of highly inspired youth aged 13-15 years who are children of Rotarians and their friends, was planned to be chartered.



Also, the flagship or banner service project of RCMM dubbed as "Mentoring the StARs", now on its Season 10, was once again approved for District Grant, which garnered wide support from the Rotary Clubs of Zone 4.

It has an initial plan of 30 Grade 2 students as beneficiaries (which the budget can only accommodate), but it was increased to 50 Grade 2 beneficiaries from Nangka Elementary School. We had 50 volunteer mentors from RCMM, and partner organizations, namely, the St. Gabriel Parish Youth Ministry, Philippine Dental Association Marikina Chapter, Rotaract Club of Tumana Youth Sector and Interact Club of Metro Marikina. The 2-hour mentoring on reading and comprehension for 4 Saturdays, particularly on November 5, 12, 19 and 26, 2022, again brought smiles and hope to another set of young learners.

There are still a lot more for RCMM as we approach the end of 2022 and soon begin 2023. We always imagine and look forward for more services that we can provide to our community in the spirit of service above self!













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### ROTARY CLUB OF MARIKINA SOUTH THERE IS HOPE & LIFE AFTER DRUGS

#### by IATP RALPH REYES

Rotary Club of Marikina South

During the Duterte Administration, there was a series of tokhang operations which is considered as a big battle against drugs. Preventing drug and alcohol abuse is far from simple but our Barangay Council in Calumpang, Marikina City, has launched a Community Based Drug Rehabilitation Program (CBDRP) in response to the problem on drugs.

The Rotary Club of Marikina South (RCMS) is an NGO representative of the Barangay Anti-Drug Abuse Council (BADAC). RCMS volunteered to be part of the CBDRP to help the constituents of Barangay Calumpang who are victims of substance abuse.

This program includes medical, spiritual counseling, livelihood training with initial capital provision, sports tournament, other physical activities that coincide with different activities of our National Government, and continuous monitoring by conducting random drug testing.

By participating in this program, together with other sectors of the community, we cannot totally eradicate substance abuse but it is indeed possible that we can lessen it.

In this case, we can be assured that we can walk in a safe, peaceful, and healthy community.

For those persons who used drugs, they can now walk with self-confidence in their communities, no fear toward authorities, and accepted by their families and our society.

Drug Abuse Prevention & Control Week Celebration November 13-19, 2022







Livelihood Program & Training for PWUDs



Simple Palarong Pinoy like Pinoy Henyo, egg catching, bato-bato pik, balloon bursting, banana eating contest and sipa with the PWUDs



Clean up drive in celebration of International Day Against Drug Abuse and Illicit Trafficking last June 27, 2022



Poster making contest in celebration of the National Resilience Month and simple merienda for PWUDs



Announcement of Surprise Drug Test to be conducted by the Rotary Club of Marikina South



Preparation of drug test kits under the supervision of PNP PCP I representative



Submission of urine specimen and waiting for results



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### **ROTARY CLUB OF MARIKINA VALLEY**

### FINDING FUN & MEANING IN RCMV'S PROJECT IN COTTOLENGO

#### by IATP ROVIC C. BAWALAN

Rotary Club of Marikina Valley

The Rotary's motto, "Service Above Self", is truly the exact word to describe the reason why I joined Rotary. At a very young age, I was exposed to the charities and philanthropic activities of my grandmother. She was a volunteer in our local church in Rodriguez, Rizal. She worked as a Religion Teacher and was also involved in various feeding and scholarship programs. I was fortunate enough to be raised in a giving, nurturing and loving family.



I was also inspired by Governor Arturo "Bobby" Tanyag in our first personal encounter during our Mangrove Tree Planting Project in Lobo, Batangas, last May 2022. His generosity and eagerness to help and be in the forefront in delivering the needs of the community really touched my heart and ignited the fire in me to be also of service to other people.

During my first month as the President of the Rotary Club of Marikina Valley (RCMV), we assessed which group of people or community should we focus our attention to and provide help. That is how we decided which community to prioritize. We chose the vulnerable group of people. As for our first club service project, we chose the Cottolengo Filipino, Inc. which provides residential care for people who are abandoned, neglected, surrendered and unwanted PWDs. It also provides rehabilitation through homelike environment for the residential clients, medical services, physical and occupational therapy interventions and Special Education where community based PWDs who are financially unstable are being admitted.



The RCMV has been working with the said Institution for the past five (5) years. In this current Rotary Year, we provided warm meals for both patients and volunteer workers of the institution. We noticed that some of their patients are below the ideal body weight so we developed a meal plan for them for at least three (3) months, together with their in-house nurse and doctor, just to make sure that they would get properly nourished.

Since some of the patients suffer from mobility impairment, we also did physical therapy with them through exercising and dancing. It is important for them to keep on moving so that their muscles would not atrophy.

As hygiene is also vital in one's health, we also provided hygiene kits to all patients which include toothbrush, toothpaste, soap, towels, alcohol, face mask and comb. We also made sure that the environment is also conducive and clean enough for them to rehabilitate and grow, hence, we also donated disinfectant and cleaning materials to the institution. Upon conducting community assessment, we found out that they are also in need for multivitamins and medicine supplies which we also provided in order to improve their health and boost their immune system.

We also joined some of the patients during their art therapy. We donated crayons, water colors, coloring books, pens, pencils and building blocks. We found out that is it very therapeutical for them to draw and color and to also build their self-confidence. With these activities, the patients were also able to express themselves and find joy, meaning and fulfilment in their works.

It was very humbling experience to see the patients smile and happy even though they have disabilities. This service project will serve as an inspiration and also a starter to more meaning projects that our Club is bent to sustainably implement.













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### ROTARY e-CLUB OF MARIKINA ROTARY E-CLUB OF MARIKINA CONDUCTS A NUMBER OF PROJECTS

### by IATP LITO DELA PAZ

Rotary E-Club of Marikina

The Rotary e-Club of Marikina conducted a number of projects this Rotary Year.

Liquid disinfectants were donated to Parang High School by the ReC Marikina. The volume was well enough for the students' consumption for the school year. The club also gave out sprayers, brooms and dust pans to the school at the onset of the face-to-face classes. One (1) sprayer per classroom was given to benefit the 4,900 students of that school.

Moreover, the ReC Marikina actively participated in all Zone 4 Joint Service Projects and those which were hosted and led by the District, such as the BUNding, PASADA, TODA Mediko, The Never Forgotten Love -Dementia Up Close & Personal, Alay Mula s Puso para kay Lolo at Lola, Fiesta Rotaryo, Pagplano ng Pamilya, Bigyan ng Oras Yan, Pitong Alay ng Rotaryo sa Baras and Mentoring the StARs.













### ROTARY CLUB OF GREATER MARIKINA VALLEY

### RCGMV'S HEALTH-LIVELIHOOD-WATER PROJECT WITH INTERNATIONAL PARTNERS

#### by **IATP JOY GALZOTE** Rotary Club of Greater Marikina Valley

Rotary Club of Greater Flarkina Valley

In the midst of disasters, pandemic, and global financial crisis that ripped the world, the Rotary Club of Greater Marikina Valley (RCGMV) imagined a healthier and cleaner world. Armed with a strong drive and passion for service, the club did an ocular site review of Ikdan, Quezon Province, an area clearly needing assistance for clean water.



In spite of challenges and limitations, the club officers dared to submit a robust project proposal, a memorandum of understanding, implementation plan and own club funds to RI District 3800. Then, a major feat was achieved with the approval as international contributing partners of the Rotary Club of Melbourne and the Rotary Club of Balwyn, both in RI District 9800, Australia!

Since a sustainable management approach is a key requirement in this undertaking, the barangay, teachers and community rallied and provided the so-called "sweat equity" component. Understandably, a project of this magnitude is not without challenges (e.g., tough road conditions in the area, delay in implementation due to typhoons Karding and Paeng, redirection of pipes directly to homes by residents instead of the planned cluster water stations, inflations, oil price hikes, among others), which meant more project costs and delays. Nonetheless, the Rotarians concerned re-planned and adjusted proactively.





Currently, the project is already 90% complete. An added bonus is a Water Conservation, Sanitation, Hygiene Operating Manual written in Tagalog by RC Melbourne, facilitated by RCGMV.

This project will soon be concluded. It was pushed by partner Rotarians who dared to **IMAGINE** big even during lockdown. It is expected to soon create a massive change in the lives of the people therein through Water Sanitation and Hygiene with Economic Community Livelihood as another component.

















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### **IMAGINE TOMORROW**

Intro:

Imagine tomorrow (4x)

Verse 1

Imagine all possibilities Imagine our world transformed Imagine a world that deserves our best we can make a change through service above self Imagine our role in Rotary with meaningful responsibilities Imagine the power of Rotary We can turn those dreams into reality.

### **Pre-Chorus**

We can make a difference be brave and dream big We got that certain magic That Rotary magic

Chorus

Imagine tomorrow (4x) We don't imagine yesterday we're here for tomorrow Let everyone have a part and say we're here for tomorrow

Imagine tomorrow (4x)

Verse 2

Imagine we're very near So close to end all fears of sickness that's our advocacy We join the fight. Eradicate what might harm humankind We do our best to save all the rest Imagine the power of Rotary We can turn those dreams into reality (Repeat Pre-Chorus & Chorus)

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