

# **GOVERNOR'S MONTHLY LETTER**

Rotary International District 3800 | Issue No. 7, January 2023







#### ON THE COVER:

"I would like to be able for you to share a very distinct legacy, not only to what you aspire for but also the legacy to your clubs. They will remain enshrined in the hearts and minds of all your members."

--- DG Arturo "Bobby" Tanyag

#### INSET:

DG Bobby Tanyag shares some happy moments as he poses with Augusto Fernandez Montoliu, the Inbound Youth Exchange delegate from Argentina, RID 4905.

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The Governor's Monthly Letter is a monthly publication by the District Governor of Rotary International District 3800. Please send letters, photos and other related materials to the District Editorial Board or email to:

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## **RI PRESIDENT'S MESSAGE**

### January 2023

Rotary recently surveyed our members and found something that should be unsurprising but still caused many of us in Rotary leadership to sit up and pay attention: The single most important factor in member satisfaction is the club experience. How at home you feel in your club, how rewarding club meetings are, and how engaged you feel in service projects.

I have seen this first hand across the Rotary world this year. When members feel an emotional connection to their club, they cannot imagine leaving. And that connection is often forged in "Rotary moments," when people feel that special connection to the people around them and the impact of their service.

### Our Imagine Impact Tour is all about shining a light on those Rotary moments and encouraging our members to tell their stories.

But there's something else that makes an enormous difference in building and sustaining that connection. It's the comfort and care of our members — both Rotarians and Rotaractors. As my Rotary friend Todd Jenkins says, "People can't see how you think, but they sure can see your actions."

We are in the relationship business, and if we take care of each other — genuinely show concern for each other — then we will make friends for life, and we will do anything to widen that circle of friendship.

The question is: How do we live with our eyes wide open and do the things that really matter? We do this by taking time for each other, actively listening to one another, and treating every Rotary member as equally valuable — no matter how long we have been a member or what position we hold.

People like me in Rotary leadership can offer all kinds of advice about how to make your club experience more valuable. But what's most important is for everyone in every Rotary club to speak up and listen to one another. We should never be afraid to share with our fellow Rotary member what we expect to get out of our membership and have an open discussion about how to make that happen.

To lead a Rotary club is to invite such dialogue and to be willing to try new approaches. Good leadership is giving it away. Propping other up. Allowing others to feel the victory.

I have one last request for club leaders. We still need to do more worldwide to increase our female membership. It's up a bit this year, but I know we can and must do better. Rotary is growing again. As I write this, we're just a handful of members away from surpassing 1.2 million Rotarians again. So let's redouble our efforts to bolster our clubs with great new members, then keep them for life by providing comfort and care.

## **JENNIFER E. JONES**

KRA

IMAGINE

ROTARY



## **GOVERNOR'S MESSAGE**

### January 2023

#### My dearest Rotarians of District 3800,

As we open the New Year, allow me to greet each and every one of you with best wishes for more success, prosperity, and endless sharing of God's blessings bestowed on us to everyone, especially the poor and the needy!

Happy New Year! Feliz Ano Nuevo! Buon Anno! Bonne Annee! Frohes Neues Jahr!

Manigong Bagong Taon sa Inyong Mga Minamahal Kong Rotario!

## January is Vocational Service Month. As one of the Avenues of Service in Rotary, I call on every Rotarian,

- To aspire to high ethical standards in their occupations;
- To recognize the worthiness of all useful occupations; and
- To contribute their vocational talents to address the problems and needs of the society.

All Rotarians are enjoined to implement the following strategies in support to Vocational Service:

- Strengthen the emphasis on vocation and classification in new members recruitment, and induction;
- Identify means of emphasizing vocation in Club activities;
- Create stronger emphasis on business networking with integrity in Rotary at the Club and District level;
- Focus more attention on business networking with integrity as a means of attracting and mentoring the new generation; and
- Emphasize the connection between the Four Way Test and the New Rotary Code of Conduct, and their importance to the core values of Rotary of Service, Integrity, Diversity, Fellowship, and Leadership.

When professionals join a Rotary Club, they do so as a representative of their classification, their particular business or profession.

Rotarians have the full dual responsibility of representing their vocation within the Club, and exemplifying the ideals of Rotary in their workplace. One of the central goals of Vocational Service is to promote and advance Rotary's high ethical standards. The useful tool Rotarians have to assess themselves continually is the Four (4)-Way Test. We must also adhere to the New Code of Conduct!

In all the Governor's Visits and Induction Ceremonies I have conducted, all clubs in District are strictly adhering to the objectives of Vocational Service, as they constantly affirm the 4-Way Test and the Rotary Pledge in all their events, be it a regular club meeting or in their grand Induction and Handover Ceremonies,

It is noteworthy that all new prospective members of the club are properly introduced highlighting their classifications, their professional and business pursuits, in a formal presentation to all club members, their Spouses, and their Guests.

Among the Service Projects dealing with these particular Avenue of Service are the Career Orientation Seminars given to the Youth, the recognition of Outstanding Public Servants, Outstanding Teachers, and Service Providers, and the ongoing support to our frontliners and to everyone in the patients' care service, especially during the pandemic.

The Empowering Girls initiative of Rotary also helps to elevate the status of women in the marginalized sector of our society with provisions for livelihood projects for housewives and scholarships to deserving young girls. All clubs are encouraged to adopt at least one beneficiary family to help alleviate poverty.

For this month of January, we also welcome the first Friendship Exchange between our District and District 7010 of Ontario, Canada, and District 4905 of Buenos Aires, Argentina, after a long lull in Friendship Exchanges to foster world understanding, and enrichment of professions of Rotarians in our District and our inbound Exchange Team during their twelve (12) days visit to all the 8 Zones in our District.

To all my Imaginative Amazing Treasures District Officers, and my Presidents, let me remind you that our Rotary Journey has still 262,800 minutes left for us to fulfill all our dreams for our Clubs, our District 3800, and our world in our Unimaginable, Imaginative Rotary Journey as we give the World our best that it truly deserves!

#### **MABUHAY ANG RI DISTRICT 3800!**





### DISTRICT SECRETARY for OPERATION NOEL L. CUICO



2023 is the Year of the Water Rabbit as per Chinese horoscope and as such it foretells of a bright future ahead.

For the Imaginative Amazing Treasure Team, it sure looks rosy as January started with a big bang as the Rotary Club of Kalookan North hosted the RID 3800 **Mid-Year Review** last January 14, 2023 wherein the clubs status, accomplishments, and performance, including the contributions to The Rotary Foundation were proudly presented by zones by their respective senior assistant governors. Our beloved DG Arturo "Bobby" Tanyag then praised and encouraged the IATPs to share their "distinct legacies" to their club members.

This was followed by RID 3800 hosting 12 Friendship Exchange delegates from RID 7010 Canada and 1 Youth Exchange delegate from RID 4905 Buenos Aires, Argentina. The foreign delegates were able to experience the warm hospitality, we Filipinos, are known for around the globe. "The inbound teams

and receiving hosts had the opportunity to experience life outside one's comfort zone and learn about the culture and customs of another country. Delegates and hosts gained new friends and had friendship for a lifetime" as per PP Ophelia Bello, Chair of Friendship/Youth Exchange Program.

Only 2 months separates us from the much-awaited, most anticipated event of any Rotary year, the **2023 District Conference** which will go live on March 10-11, 2023 at the Grand Ballroom of Okada Manila. This will be hosted by the Rotary Club of Pasig South and chaired by PP Raymond Samson. The host club left no stone unturned to make this event a once-in-a-lifetime experience for everyone. A bevy of great and charismatic speakers were invited to make the plenary sessions more interesting. Day 1 features the Governor's Ball to be led by DG Bobby and daughter, LCP Kristine Marie Tanyag. Expect a full-packed venue on Day 2 with the 8 zones showcasing their theatrical skills during the fiercely and hotly contested Talent Night Competition. These and much more you will witness to expand your Rotary experience as I encourage everyone especially the new Rotarians to attend.

Before everybody get lost in the hype and frenzy for the DISCON 2023, let me again remind the IATPs, the AGs and SAGs not to forget about your deadlines in submitting requirements especially for the District awards.

Let me take this opportunity to acknowledge the effort of the 2022-2023 GML team: Chair, CP Prisco S. Rivera, Jr. and Vice Chair, PP Dan Velarde for the January 2023 issue of the Governor's Monthly Letter.

NOEL L. CUICO District Secretary for Operation RY 2022-2023



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## Spouses' Executive Committee Prepares for DISCON 2023

by IPP KRISTINE MARIE G. TANYAG HONORARY CHAIR OF THE SPOUSES' ASSOCIATION RI DISTRICT 3800, RY 2022-2023

Happy New Year to everyone! I hope everybody had Governor together with his District Officers. We are a restful holiday break and were able to spend quality very grateful for Ms. Dalah for preparing the time with their families. As we welcomed the new choreography for all the dances and patiently teaching year, the spouses are back from their holiday breaks and have been busy once again for the preparation of Sunday that everybody looks forward to because it the Talent Night and Governor's Ball segment of the upcoming District Conference on March 10 and 11 in district. Okada Manila.

Valle Verde Country Club as planned by Sps. Lin interesting speakers will be there, numerous raffle Liboro. This year's theme is Children's Favorite Animated Musical which will be interpreted by miss out on this major annual event of the district and numerous talents within the district to showcase their hope to see you all there! creativity and talents. This meeting was attended by the Spouses Coordinators for each zone, a few Imaginative Amazing Treasure Presidents, and their zone's respective choreographers. And of course, it was also attended by the Chairman of the District Conference, PP Raymond Samson. A finalization of dances for each zone was discussed with a total of 8 zones to perform and everybody is looking forward to the astonishing presentations from each zone!



We also opened January with the start of practices for the Governor's Ball on all Sundays until March. Practices are mostly held at Buting Elementary school from 9 am until 12 pm for Imaginative Amazing

Treasure Presidents and Ipm until 4pm for the us the steps every Sunday. It has already become a has become a very fun bonding moment for the

For those who still haven't registered for the District We had a meeting for Talent Night last January 18 at Conference, I ask you to please do so. Lots of prizes, and loads and loads of fun await you! Don't



### Governor Tanyag urged district members: Share our "distinct legacies"

#### by **RTN. RICHARD C. VARGAS** Rotary Club of Kalookan North

As Rotary International District (RID) 3800 gathered more than 200 District Officers, Imaginative Amazing Treasure Presidents (IATPs) and Rotarians from its eight (8) zones for the 2023 Midyear Review, Governor Arturo "Bobby" Tanyag encouraged the IATPs to share their "distinct legacies" to their respective members.

"I would like to be able for all of you to share a very distinct legacy, not only to what you aspire for but also the legacy to your clubs. They will remain enshrined in the hearts and minds of all your members," Tanyag said during his opening message for the occasion that took place at the Kalayaan Hall of Club Filipino in San Juan City last January 14, 2023, Saturday.



"I can see all the smiles in the faces. I can see you are all self-fulfilled and that is what the purpose of our meeting today - for all of you to express your fulfilment, for you to express how happy you are with your Rotary journey. And I would like to be able to hear and share with you the happiness you feel in your hearts," he said.

Zonal reports on the club status, accomplishments and performance, including contributions to The Rotary Foundation (TRF) were delivered by the eight (8) Senior Assistant Governors (SAG) of RID 3800, namely, SAGs Rostico Morales (Malabon/Navotas),



Gladys Collado (Caloocan), Jojo Flores (Valenzuela), Joanne Felix (Marikina), Arthleen Fetalvero (Marikina), Larry Secreto (Rizal), Monaliza Cabitac (Rizal), Raul Agustin (Pasig), Calvin Javiniar (San Juan), and Helen Buencamino (Mandaluyong). The format and overall direction for the reporting were provided by District Secretary for Operations Noel Cuico.

The event was hosted by the Rotary Club of Kalookan North (RCKN), and chaired by its Past President (PP) and the District Governor Nominee (DGN) Roberto "Bobby" Zamora. This marked the first district-level event for the year and signified the half-way mark of Rotary Year 2022-2023 under the theme, "Imagine Rotary".

The Governor expressed his satisfaction over the reports presented which reflected the very active performance by majority of the clubs in RID 3800 in coming up with relevant service projects. He also commended how clubs "expanded their reach," and made "enhanced participative engagement," referring to their voluntary membership involvement in both district and club level activities.



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Governor Tanyag quipped on the quantity of projects produced by clubs which have exceeded the minimum number and requirements of the district in barely six (6) months of the current Rotary Year.

He, however, reminded everyone not to be complacent with every club's achievements during the first semester, for there are opportunities that can be maximized for the remainder of the Rotary Year.

"We still have five and a half months to go, so, please don't relax. We are looking forward to hearing more from you during the forthcoming meetings. And remember, we still have our DISCON which is the penultimate graduation ceremony," Governor Tanyag stated.

Prior to the presentation of reports, Governor Bobby Tanyag along with District Awards Committee Chairperson Armi Quibael, gave recognitions to 61 different club projects that made significant impact to their intended beneficiaries. Meanwhile, District Secretary for Administration Sherryl Khosiking also led the Project Chairpersons in presenting the upcoming district events in the next five (5) months.

From the event's host club, DGN Zamora expressed his utmost gratitude to Governor Tanyag, the Rotarians and their spouses who graced the occasion.



"It is indeed humbling to lead the preparation and execution of such a major activity of the district. In behalf of the Rotary Club of Kalookan North, we thank you for trusting us to host this year's Midyear Review," DGN Zamora said.







### RID 3800 welcomes the International Exchange Program delegates

#### by PP OPHELIA R. BELLO

Chair, International Exchange Programs Rotary Club of Cainta

For many years, Rotary International District (RID) 3800 has partnered with other countries on the various exchange programs known as the GSE (or Group Study Exchange), GVE (or Group Vocational Exchange), RFE or, RYE, which bring current and emerging foreign Rotarians to the Philippines to engage with Rotarian-families as well as with Rotaractors and even with RCC, non-Rotarians who share our commitment to changing the world through service projects. In fact, as a living proof, most of this Rotary Year's committee members are alumni of said programs, while some are generous seasoned / perpetual hosts to foreign delegates.



Although these initiatives were shelved for the past few years due to the pandemic, RID 3800 enthusiastically resumed these program on the premise that it will take all possible measures to ensure the safety of delegates. These offer many participants, inbound teams and receiving hosts their opportunity to experience life outside one's comfort zone and learn about the culture and customs of another country. Delegates and hosts gain new friends and had friendship for a lifetime. Hosting is a great opportunity to foster interclub collaboration, with the goal of advancing international understanding and peace, while at the same time introducing to the participants a whole new world of learning. "You start to see what we have to offer through their eyes."



For this Rotary Year, RID 3800 engaged with twelve (12) Canadian Friendship Exchange Delegates from RI District 7010 and one (1) Youth Exchange Delegate from Buenos, Aires Argentina, RI District 4905. They are here for almost a month-long immersion program.

It is extremely important for us leaders to engage in International Exchange Programs to solidify mutual understanding and friendship with other countries.

The Friendship Inbound Team from Canada D7010 is comprised of:

- PDG Margaret Walton
- PP/Sps Ron Walton
- PDG Steve Meadley
- Rtn Sharon Wallace
- PP Will Gibson
- Spouse Carol Gibson
- PP Mary Rashleigh
- Sps Bill Rashleigh
- PP Steve Vickers
- Rtn Marlene Musclow
- AG Peter Edmunds
- Rtn David Slocum

The Inbound Youth Exchange Program delegate from Argentina, RID 4905 is:

Augusto Fernandez Montoliu



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The following individuals compose the International Exchange Program Committee of RID 3800:

- Youth Exchange/Friendship Program Chair – PP Ophelia Bello
- Youth Exchange/Friendship Programs
   Vice Chair PP Ricardo "Oying" Angeles
- Execom/Adviser, Friendship Exchange Program
   PP Luz Cotoco
- Adviser, Youth Exchange Program PDG Antonio Co
- SAG Representative SAG Larry Secreto
- Public Image Representative PP Jose Cruz III
- Protection Officer PP Norieva de Vega
- District Secretary, Operation PP Noel Cuico
- District Secretary, Administration -PP Sherrylou Khosiking
- District Governor Arturo "Bobby" Tanyag

#### Coordinators for Cluster I

- PP Rolando Wong
- IPP Sette Velasco
- PP Peter Quintana

Coordinators for Cluster 2

- CP Art Arrojado
- CP Emelito "Mel" Felix

Coordinators for Cluster 3

- PP Ara Sarabia
- AG Cesar Pangan
- PP John Lam Chair, DEI

Youth Exchange Coordinator

• PP Marie Jane Liban











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### Reflection on an International Exchange Program Experience

#### Greetings!

Our primary goal is to examine and improve our future Exchange Programs through your reflective responses. This is not only intended to serve as evidence that you have indeed learned something from this experience. Perhaps more importantly, be more aware of how your attitudes and perceptions about people and places can change – or at least be better informed – as you gain more knowledge and information about them.

Name: Margaret Walton\_ Rotary Position: PDG, District Foundation Chair, COL rep, Friendship Exchange Chair

Guide Questions	Reflection - Response
I. Did I enjoy the Exchange experience? Why or why not?	The exchange program was wonderful largely due to the friendliness and hospitality of our hosts. We also enjoyed the mix of cultural experiences and Rotary work that was included in the itinerary.
2. In what ways has my experience affected my values and beliefs?	It has reinforced my belief that Rotary ways are a strong and universal basis for promoting world understanding, peace and ethical behavior. We share common values. If we can expand the reach of Rotary the world will be a better place.
<ol> <li>What differences in behavior, attitudes, customs or traditions did I notice? How did I react? (Consider emotions, thoughts, feelings) Why?</li> </ol>	The differences were not significant. Canada is a multi- cultural society so we are used to diversity and I have travelled extensively. I enjoyed the differences. I found we needed to be aware of the generosity of Filipinos because if you mentioned any small need they immediately responded. We had to be careful not to abuse their generosity.
4. Did I come across/recognize any cultural similarities and/or differences between us and Filipinos?	Filipinos are joyous and generous. Canadians are more reserved. Filipinos are more focused on acknowledging the positions people hold in Rotary, we tend to be less inclined to acknowledge station. However we clearly share the same values.
5. Did I encounter any cultural barriers? Describe them.	No, I was comfortable from the beginning. It was very helpful to have our Filipino hosts by our side to guide us and explain where we may have not understood a particular cultural trait.

6. How did the exchange program help me reach a deeper understanding of the concepts learned from my other experiences?	The exchange gave me insight into ways we could improve Rotary in our District. The strong focus on fellowship and co- operation between clubs was a focus that was particularly evident in District 3800 and something we should work on. It would have been nice to attend some Rotary meetings as part of the exchange so we could learn about club practices.	
7. Am I satisfied with what I have learned? Why or why not?	Yes very much so. We learned about Filipino culture and history as well as about the work Rotary District 3800 is doing.	
8. What goals will I set after this experience? How can I achieve them?	<ul> <li>First goal will be to host an equally wonderful exchange for 3800 Rotarians when they visit us in Canada.</li> <li>I will look into projects we could partner on with District 3800.</li> <li>I will encourage our members who participated in this exchange to take what they learned back and use it to strengthen their clubs.</li> </ul>	
Comments: The exchange was well ergenized and provided a good balance of fun followship and		

Comments: The exchange was well organized and provided a good balance of fun, fellowship and learning. Although we had a full agenda, we were fine with that since it gave us the chance to experience Filipino culture and Rotary ways. Our main concern was the cost of the exchange to District 3800. We were all prepared to pay our way and did not want resources spent on us that could have been used to Rotary work.

"We do not learn from experiences; we learn from reflecting on our experiences."

— John Dewey, 1933

Thank you very much!

From

PP Ophelia R. Bello Chair, International Exchange Program RY 2022-2023 RI D3800 Philippines

### No Mountain Too High for Teacher Diday Words

by **PP BILL DALAND** Rotary Club of Mandaluyong

All the efforts put in by District 3800, Zone 8, and the Rotary Club of Mandaluyong came to fruition when Ms. Lodema Doroteo, better known as Teacher Diday, was awarded P500,000 on January 12, 2023. She received the amount in an awarding ceremony for THE ONE PHILIPPINES (TOP) at the MRCFI (RC Makati) Building in Guadalupe Viejo, Makati. Kudos to Teacher Diday!

In attendance at the TOP Awarding Ceremonies were IATP Roger Cruz, SEAG Louie Dela Cruz, PP Ernie Lim and PP Bill Daland all from the Rotary Club of Mandaluyong.

TOP is a local chapter of THE ONE Humanitarian Awards that began in Hong Kong. Thanks to past District Governor David Harikela of D3450, Rotary Year 2011-2012. PDG Harikela is the batchmate of Past RI Director Raffy Garcia.

The goal of THE ONE as stressed by RI Director Garcia is: "To find unsung heroes working to improve other people's lives day in and day out, in far-flung communities around the globe."

It was in 2018 when PDG Harikela approached his classmate RI Director Garcia to help bring THE ONE to the Philippines. Garcia took on the task and agreed to fund it for life and the TOP was born.

The Rotary Club of Mandaluyong endorsed Teacher Diday for the TOP Award and worked hand in hand with District 3800 officers in submitting documentary requirements and in the preparation of the candidate.





Teacher Diday is described in the TOP 2022 Gala Night souvenir program as "a teacher dedicated to her tribe."

Her write up in the same publication goes on to say: "Lodema Doroteo was the first to graduate from college from the Dumagat tribe. The Dumagats are a poverty-stricken indigenous people who live on the recesses of the St. Ines Mountain in Tanay, Rizal. Doroteo's parents, like most members of the Dumagat tribe, neither read, write nor count. Her parents earned their keep by selling bananas that grew in the forests, crossing thirteen rivers and walking miles to bring the bananas to town.



Even while in college, Doroteo was determined to bring education to her people. Today, she is 'Teacher Diday.' Her classroom is a simple concrete structure built by her tribe. It also serves as a boarding school for Dumagat young women for whom she has obtained sponsors to pursue their own careers. It is a bold move to gain some independence for the

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Dumagat women who are expected to submit to the men. The boarding house becomes useful when the monsoon rains make it impossible to cross the swollen rivers.

Doroteo challenges her scholars to help improve the quality of life of the Dumagat tribe. She has successfully included the Dumagat tribe in the "Living Traditions" series of a US- based agency that celebrates culture. She hopes this will help preserve the Dumagat traditions and sustain interest in the tribe, thereby attract precious assistance from the international public."















## **IN FOCUS: Zone 5A**

#### by **SAG LAURO SECRETO** Rotary Club of Antipolo East

"Rotarians are very much more favourably disposed toward action than they are toward words."

--- Paul P. Harris

These are the guiding words which inspire the clubs in Zone 5A to be considered as one of the most dynamic zones in RI District 3800. The young and compelling Imaginative Amazing Treasure Presidents plus the ever-hardworking Assistant Governors of this Zone are a perfect combination to achieve Rotary's mission of service to others.



The Rotary Clubs in Zone 5A are composed of twelve (12) diversified clubs, namely: RC East Rizal, RC Cainta, and RC Taytay, all under the leadership of AG Carlo Reyes; RC Rizal Centro, RC Suburban East Rizal, and RC Metro Cainta, all under the leadership of AG Sixto Cruz III; RC Antipolo Centro, RC Antipolo City, and RC Rizal Urban, all under the leadership of AG Danny Guevarra; and RC Rizal Mideast, RC Metro Antipolo and RC Antipolo East, all under the leadership of AG Francis Hallare.

The Presidents of these Clubs are very creative and synergetic in coming up with their amazing projects that really address the needs of indigent communities in the area. The most important of all is their unity in sharing their energy and resources so that the impoverished communities will reap the maximum benefits. Individually, they are very much dependent on their club's wherewithal but collectively they have a shared interest in achieving the Rotary's seven (7) areas of focus in their service projects and they do this with much passion and conviction. Many of them have record-breaking number of projects, which, I am proud to say, have never been achieved in the past years.





















The key highlight of this Rotary Year was the visit of Rotary International President Jennifer Jones where she visited one of the projects in Zone 5. This was spearheaded by the RC Rizal Mideast, where RI President Jennifer Jones physically attended in the tree planting activity in Sitio Calawis in Antipolo City. Likewise, she inducted the RC Rizal Mideast's Rotary Community Corp in Mt. Puro Nature Park. It was indeed an overwhelming experience and a proud moment for the members and officers of this distinguished club.







I believe, the future of Rotary lies in the leadership of these young, energetic, and passionate Presidents. They lead their respective clubs to do more than what is ideal in serving others. With these project and many more to come, we have had the opportunity to make a positive impact in the community, which has always been the mission of Rotary. Kudos to all the clubs in Zone 5A!

Every club has open minds, willing hearts and are very wistful in helping the communities. I am looking forward to the continuous opportunities for service and growth that our clubs in Zone 5A will provide!

### ROTARY CLUB OF EAST RIZAL Rotary Club of East Rizal Spearheads 6-in-1 Service Project

### by IATP JOHN CHRISTIAN L. REYES

Rotary Club of East Rizal

The holidays are a time for spreading joy and cheer to those in need, and this year's community collaboration was no exception. On December 22, 2022, a group of dedicated organizations and individuals came together to bring holiday cheer to the local youth.

The event, called "Pasko sa Lansangan: A Christmas Caravan for the Children of Antipolo" was led by the Rotary International District 3800, headed by Rotary Club of East Rizal President John Christian Reyes, in partnership with the Philippine Air Force Reserve headed by Sgt. Ylloiza Santiago, and The Philippine Red Cross Rizal Chapter- Rizal Province Branch headed by Administrator Mark Joy Santos. Over the course of the day, more than 100 children from Antipolo City and Municipality of Cainta were treated to a variety of festive activities, including singing and dancing, gift-giving, holiday-themed games, as well as lessons on health.

The children's faces lit up with delight as they opened their gifts and participated in the activities. In addition to spreading holiday cheer, the event also aimed to promote important values such as teamwork, community service, and environmental conservation. The Philippine Red Cross led educational sessions on proper handwashing and water conservation, while the Philippine Air Force Reserve organized interactive sessions on peace and understanding.

The event was a resounding success, and it would not have been possible without the support of the Philippine Air Force Reserve, The Philippine Red Cross Rizal Chapter Rizal Province, and all the other participating clubs and individuals. We want to express our sincere gratitude to everyone who helped make this year's celebration a memorable and meaningful experience for the local youth.

As we reflect on the joy and cheer brought by this community collaboration, we are excited to embark on future service projects and continue making a positive impact in our community. We encourage all members of Rotary International District 3800 to consider joining us in this effort and to discover the fulfillment and satisfaction that come from giving back to those in need.



















### ROTARY CLUB OF RIZAL CENTRO Ibalik sa Uso ang Pagpapasuso 2023

#### by **IATP NOEL C. MERINO** Rotary Club of Rizal Centro

Rotary makes high-quality health care available to vulnerable mothers and children so they can live longer and grow stronger. We expand access to quality care, so mothers and children everywhere can have the same opportunities for a healthy future. An estimated 5.9 million children under the age of five die each year because of malnutrition, inadequate health care, and poor sanitation — all of which can be prevented. Rotary provide education, immunizations, birth kits, and mobile health clinics. Women are taught how to prevent mother-to-infant HIV transmission, breastfeed, and protect themselves and their children from disease.



Supporting this cause, the Rotary Club of Rizal Centro (RCRC) in partnership with the Rotary Clubs of Antipolo Centro, Rizal Mideast, Antipolo East, Cainta, East Rizal, Teresa, Pasig South, Antipolo City, Suburban East Rizal, and Greater Marikina Valley, launched the "Ibalik sa Uso ang Pagpapasuso 2023" project last January 13, 2023, in San Roque National High School.

The said project was headed by RC Rizal Centro's Imaginative Amazing Treasure President (IATP), Noel C. Meriño, and the other IATPs from the mentioned clubs of Rotary District 3800.

The team, in collaboration with the Department of Education Schools Division of Antipolo City, provided



breastfeeding tools stationed at the assigned rooms in San Roque National High School to be used by volunteer breastfeeding mothers in the area.

Breastfeeding education aims to increase mothers' knowledge and skills, help them view breastfeeding as normal, and help them develop positive attitudes toward breastfeeding. Depending on the stage of pregnancy and experience, breastmilk protects against diseases, like diabetes and cancer. It protects against infections, like ear infections. It is easily digested – no constipation, diarrhea, or upset stomach. Babies have healthier weights as they grow.

The project adopted the Philippines' national policy to encourage, protect and support the practice of breastfeeding in accordance with Republic Act 10028 known as the "Expanded Breastfeeding Promotion Act of 2009, creating an environment where the basic physical, emotional, and psychological needs of mothers and infants are fulfilled through the practice of rooming-in and breastfeeding.



It is the most convenient and needed requirement tool to provide free and available breastmilk to those in need as breastfeeding uses fewer resources, produces minimal or zero waste , and is associated with infant and maternal health outcomes which produce healthier populations that use fewer healthcare resources.









### ROTARY CLUB OF SUBURBAN EAST RIZAL RCSER Launched Massive Giant Bamboo Propagation

by **IATP JANETH R. DE VERA** Rotary Club of Suburban East Rizal

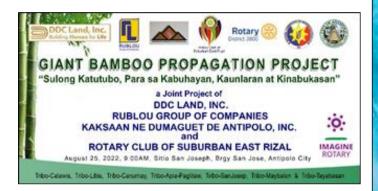
**Project in Rizal** 

The Rotary Club of Suburban East Rizal (RCSER), led by IATP Janeth De Vera, in partnership with DDC Land, Inc., Rublou Group of Companies, and the Kaksaan Ne Dumaget de Antipolo (Dumagat-Remontado IPs), launched a massive Giant Bamboo Propagation Project in Sitio St. Joseph, Brgy. San Jose, Antipolo City, Rizal.

Dubbed as "Sulong Katutubo, Para sa Kabuhayan, Kaunlaran at Kinabukasan," the project is aimed at rehabilitating and restoring through reforestation the ancestral domain of the Dumagat-Remontado by planting Giant Bamboos and other fruit bearing trees in the area. While the primary objective of the project is to restore the denuded forest of the IP's ancestral domain in the Sierra Madre Range for environmental protection and climate change mitigation, it is also envisioned to be a source of livelihood for over 800 IP families, once the bamboos become mature in 3 to 5 years. The bamboos will become raw materials for engineered bamboo which is now considered as a good construction material.

The project kicked-off last May 13, 2022 when 15,000 giant bamboo propagules were delivered to the Dumagat-Remontado Kaksaan leaders courtesy of PDG Gov. Edna Sutter of RI District 3830 and DDC Land, through RCSER and Rublou, Inc.

The giant bamboo propagules were immediately repotted to seedling bags, and were farmed out to ten (10) different nurseries located within the ancestral domain. The Giant Bamboo seedlings were intended to be replanted after approximately three (3) months when they become mature for replanting to be done in designated key locations throughout the ancestral domain by the seven (7) Tribal Communities of the Dumagat-Remontado, with the guidance of RCSER.

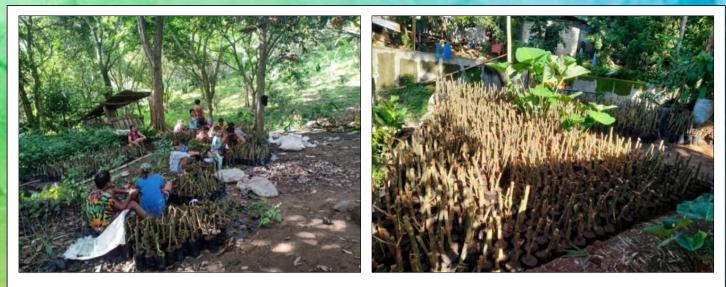


On August 25, 2022, the Rublou Group of Companies, together with DDC Land, Inc., Kaksaan Ne Dumaguet De Antipolo, Inc., RCSER and the Local Government Unit of Rizal, conducted the initial plantation of the 1,500 Giant Bamboos in the designated areas within the ancestral domain of the Dumagat-Remontado in Antipolo and Baras, Rizal. Later, the remaining seedlings were planted by the IPs covering over 10-hectare area.

On October 13, 2022, a Visitation and Monitoring of Giant Bamboo Plantation was jointly conducted by the RCSER and the RC Fort Bonifacio Global City. An expert on Giant Bamboo was invited to conduct a seminar to the IP leaders on proper care and management of the bamboos.



IATP Janeth De Vera (center) posed with the five (5) Dumagat-Remontado Chieftains from the seven (7) different tribal communities as they received 15,000 Giant Bamboo Propagules from the Managers of Rublou Inc. and the members of the RCSER in Sitio Canumay, Antipolo, Rizal.



Bayanihan Repotting of Bamboo Propagules participated in by the 7-Tribal Communities of the Dumagat-Remontado



PDG and Rublou Chairman Emeritus Louie Ticman, delivered his motivational message to the Dumagat-Remontado Leaders in the presence of NCIP Rizal Admin Aide I/IPMR Focal Person, Ms. Regie Batiao.

Moreover, Mr. Edwin, an Expert in Bamboo propagation from Bukidnon, shared his Giant Bamboo planting tips and pointers to the Dumagat-Remontado Chieftains, with Rotarian and Rublou CSR Director, Marie Loise Ticman-Canson.



The Plantation Area and the Dumagat-Remontado Katutubos



### **ROTARY CLUB OF ANTIPOLO CENTRO**

### **Project Gulong**

#### by IATP VELLIN DATUIN-COLLADO

Rotary Club of Antipolo Centro

Just like Francis of Assisi said, "Start by doing what's necessary; then do what's possible; and suddenly you are doing the impossible."

Getting wheelchairs to those who need them here is no simple task. However, thanks to the initiative of the Rotary International District 3800, the Rotary Club of Antipolo Centro (RCAC) and the Rotaract Club of Antipolo Centro (RACAC) were able to provide mobility, to patients in need even in remote areas in Antipolo City.

Last December 21, 2022, through their cooperation with SPI School Systems, Inc., Rotary Clubs of Cainta, Rizal Mideast, and Suburban East Rizal, RCAC and RACAC with their Imaginative Amazing Treasure I. Leticia V. Villanueva a 69-year-old, two-time mother and daughter Presidents, Evelyn Datuin-Collado and Samantha Nicole D. Collado were able to organize the delivery of the wheelchairs in the thick of everything.



Thanks to the hard work of everyone involved, new wheelchairs have been distributed to individuals living with disabilities in Barangay Mambugan and Divine Power Prayer Community in Pinugay, Baras Rizal, over the past few months, providing mobility at a time when they need it most.



It is indeed an opportunity to be part of this wheelchair distribution project in this time of the pandemic when hardship and fears have brought us down in so many ways. The gift of mobility blesses more than just those who receive wheelchairs.

The following are the recipients of PROJECT GULONG:

- stroke patient from Barangay Mambugan, Antipolo City. Her first stroke was in 2011 and her last stroke in April 2021, which she survived. The wheelchair was received by her son, Rain Villanueva. The Rotary Club of Antipolo Centro provided the patient with one (1) unit of wheelchair and a grocery bag.
- Anita Villafuerte, a 57-year-old stroke patient 2. from Divine Power Prayer Community in Sitio Pinugay, Baras, Rizal. It was received by Pastor Nestor Pantaleon. RCAC provided the patient with I unit of wheelchair and a grocery bag.













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### ROTARY CLUB OF RIZAL MIDEAST Mini Health Clinic

#### by IATP CHERIE G. SANDOVAL Rotary Club of Rizal Mideast

It will take an hour or two for a patient to reach the Barangay Calawis Health Center from Sitio Apia, a place where thousands of residents depend on the services of health centers. Barangay Calawis, which includes Sitio Apia, has 8,098 residents based on the census conducted in January 2020.

The Rotary Club of Rizal Mideast (RCRM), headed by its Imaginative Amazing Treasure President Cherie G. Sandoval, with their Club Service Project Chair Hansel F. Hernandez, Assistant Governor Danilo D. Guevara, Immediate Past President Rodrigo C. Macatlang, Officer Raul G. Umali, and Past President Joey P. Fernandez, conducted an ocular inspection in Sitio Apia where Rotary Community Corps members live and had a lot of sad experiences owing to health emergencies. According to the residents, they really need even a small place to go to for first aid treatment and immediate assistance during emergencies for patients with either minor or serious illness or injury before going to the hospital.

We all know that Rotary saves lives and this plan of RCRM, in collaboration with the RCC Officers, would be of great help to the community especially to the children and elderly.

It was on the 17<sup>th</sup> day of December 2022 when officers and members of the RCRM, headed by IATP Cherie, went to the sitio to turn over the donated basic medical equipment like digital/infrared forehead thermometers, weighing scales, hot or cold compress bags, blood pressure monitors, stethoscopes, first aid kits, and even nonprescription or over-the-counter medicines. Those items were received by the community, represented by the officers of the Rotary Community Corps of Apia, Calawis.

A registered midwife in the area and the RCC President will be in charge of the safekeeping of the equipment and in maintaining the records of the clinic. These items could aid even the most vulnerable individuals and families, including residents experiencing financial hardships, having no permanent income, or agricultural workers who spend most of their time in the farm.

















### ROTARY CLUB OF ANTIPOLO CITY RCAC'S Medical Mission: Breast & Cervical Screening for Women

#### by **IATP ARTHUR J. SAGCAL** Rotary Club of Antipolo City

One of the significant projects that the Rotary Club of Antipolo City (RCAC) recently accomplished is the Medical Mission for Women for their Breast Examination and Cervical Screening.

Led by IATP Arthur J. Sagcal with the help of twenty nine (29) active Rotarians from that club, the RCAC conducted the project on October 22, 2022 at the Health Center of Barangay Inarawan, Antipolo City, in partnership with the Philippine Cancer Society (PCS).

The project was meant to raise awareness on cancer and conduct early detection examinations and screenings for free for the benefit of women in the area.

Breast and cervical cancers are among the most frequent and most fatal cancers in women. Women between 18 to 59 years old are more prone to cancer diseases. Life span of patients may be increased and quality of life improved through early diagnosis and treatment.

So, RCAC, in partnership with the Philippine Cancer Society headed by National Director Dr. Rom Marcaida, organized this mission to help women by conducting an awareness program and importantly the check-ups and screenings necessary for early detection and possible treatment for free.

With the assistance of Barangay Captain James Roderick Bautista of Barangay Inarawan, Antipolo City, Rizal, the RCAC successfully carried out the project benefitting fifty nine (59) women. These women received free consultation, laboratory examinations and medicines.





Broy Inarawan Antip



### ROTARY CLUB OF ANTIPOLO EAST RC Antipolo East Opens Very First Community Book Nook in Rizal

#### by **IATP LORYLEE E. UY** Rotary Club of Antipolo East

To build future leaders, it is crucial to lay the foundation for the road less traveled. Literacy is Key, and key to **Zero & Illiteracy** is to make reading an integral part of a person's daily habit.

We at the **Rotary Club of Antipolo East** believe that deep, broad reading habits are often a defining characteristic of many Great Leaders. Reading widens one's vocabulary, enhances creativity for innovation, and develops thinking that leads to better insights. In general, studies have shown that Reading improves intelligence through learning.

As advocates of *Reading* to achieve **Zero & illiteracy**, the very first Rotary Community Book Nook was built right at the heart of the Capital City of Rizal, in Antipolo.

On the day before Christmas Eve 2022, the very first Rotary Community Book Nook (Free/Open Library) for the entire Province of Rizal, and for the City of Antipolo was opened to the public for the *Antipoleneos* to appreciate, as well as for the thousands of Pilgrims that visit the city daily. The 10square meter hub that strategically bears the Rotary Master Brand logo, stands right between the Antipolo City Hall and the International Shrine of Our Lady of Peace and Good Voyage, where millions of devotees and pilgrims are expected to be visiting year-round.

The same Book Nook is historically the first as well for the entire Rotary International District 3800 due to the novelty of its concept. The rules are made simple to encourage everyone to grab a book and discover the beauty of reading. You can take a Book so long as you leave an old one that you don't need and share for others to read.

Let's encourage **D.E.A.R** (**D**rop **E**verything **A**nd **R**ead) **Time** in support of Rotary's Focus on Basic Education and Literacy!







## **IMAGINE TOMORROW**

Intro:

Imagine tomorrow (4x)

Verse 1

Imagine all possibilities Imagine our world transformed Imagine a world that deserves our best we can make a change through service above self Imagine our role in Rotary with meaningful responsibilities Imagine the power of Rotary We can turn those dreams into reality.

### **Pre-Chorus**

We can make a difference be brave and dream big We got that certain magic That Rotary magic

Chorus

Imagine tomorrow (4x) We don't imagine yesterday we're here for tomorrow Let everyone have a part and say we're here for tomorrow

Imagine tomorrow (4x)

Verse 2

Imagine we're very near So close to end all fears of sickness that's our advocacy We join the fight. Eradicate what might harm humankind We do our best to save all the rest Imagine the power of Rotary We can turn those dreams into reality (Repeat Pre-Chorus & Chorus)

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