

GOVERNOR'S MONTHLY LETTER

Rotary International District 3800 | Issue No. 6, December 2022



**IMAGINE
ROTARY**



ARTURO "BOBBY" C. TANYAG
District Governor, RI D3800

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"In Rotary International District 3800, Christmas month signals a never ending series of gift giving, days of service, sharing time and gifts in orphanages, gifts for street children, gifts for the elderly, gifts for the sick in our communities, and blood-letting donation events."

--- DG Arturo "Bobby" Tanyag

Inset:

DG Bobby presents his gift to one of the beneficiaries of the District's PWD Pamaskong Handog.

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The Governor's Monthly Letter is a monthly publication by the District Governor of Rotary International District 3800. Please send letters, photos and other related materials to the District Editorial Board or email to:

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December 2022



While sitting with a group of Rotary leaders outside of Lusaka, Zambia, I ask a question: “How many of you have ever had malaria?” Every hand in the room goes up. They even begin to tell me about the first, second, or third time they experienced the disease, one of the main causes of death and sickness in many developing countries.

They are fortunate. They have access to medical treatment and lifesaving medicines. For the people of rural Zambia, their story is very different.

On a wooden bench in a small village, I sit with Timothy and his young son Nathan. With a camera crew capturing our conversation, he tells me of the time Nathan showed signs of malaria. He brought the boy to the nearby home of a community health worker, where Nathan quickly received medicines that in all likelihood saved his life.

Calmly, Timothy tells me about his other son's bout with the disease a few years earlier. He had to race that son to a medical clinic more than 5 miles away. Riding a bike and carrying his child on his back, he tells me, he could feel his son's legs turn cold and then his little body go limp. As he finally entered the clinic, he screamed for help, but it was too late. The camera stops rolling, and we sit in silence. He begins to weep, and I hold him tightly. “I lost my son, I lost my son,” he says.

This story is all too familiar for the families we meet over the next few days. And yet there is hope. Partners for a Malaria-Free Zambia is Rotary's first Programs of Scale grant recipient, and it is saving lives. Across two provinces of Zambia, 2,500 volunteer health workers have been selected by their communities. They are trained to bring medical care closer to those who need it, and they are able to diagnose and treat malaria and other ailments. Rotary partnerships create lasting change.



JENNIFER E. JONES
President, Rotary International
RY 2022-2023



Partners for Malaria-Free Zambia



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GOVERNOR'S MESSAGE

December 2022

My Christmas greetings to all my beloved Rotarians and Spouses of District 3800!

Feliz Natal! Feliz Navidad! Joyeux Noel! Frolich Weinacten! Vrolist Kertfeest! Merry Christmas! Maligayang Pasko sa inyong Lahat!

Our country, the Philippines, is the only country perhaps in the whole world which commemorates Christmas as early as September or the start of the “Ber Months” when Christmas carols are played over the radio to constantly remind us of the countdown till Christmas Day.

In the US, the official start of the Christmas Season is the week after Thanksgiving or the last week of November, when the Christmas tree is lighted by no less than the President of the United States in a grand ceremony at the Rockefeller Plaza in New York City. In Europe, the Christmas Season starts on the sixth day of December when St. Nicholas, Sinterklaas and Zwarte Piet parades are celebrated across Europe to give gifts to well-behaved kids all across towns, in companies, and even in department stores.

In the Christian World, Christmas is celebrated during the four weeks of Advent prior to December 25 of each year.

In Rotary International District 3800, Christmas month signals a never ending series of gift giving, days of service, sharing time and gifts in orphanages, gifts for street children, gifts for the elderly, gifts for the sick in our communities, and bloodletting donation events.

A Fitting Prelude to the Christmas Party, the Persons with Disabilities (PWDs) Gift-Giving Event

In our District 3800, we celebrated Christmas on December 4, 2022 with our festive Christmas Party hosted by RC Marikina East and Marikina Heights at the Grand Ballroom of the Valle Verde Country Club. It was a whole day celebration which commenced with the sharing of blessings to PWDs in our District 3800 with the distribution of wheelchairs and Christmas Gifts to beneficiaries from all eight (8) Zones with all the 106 Rotary Clubs sponsoring the PWD-beneficiaries and contributing donations for Christmas gifts to the families of the PWD's. Our gratitude to the very generous donors of the more than 80 wheelchairs.



It was a very heartwarming gift-giving event, a prelude to the Christmas Family Party of District 3800 also held at the Valle Verde Country Club. My heartfelt congratulations and gratitude to the District Community Service Committee, chaired by PP Lito Sese with the able support of PP George Siy, PP Brill Chua, to all the generous donors of the wheelchairs, and all the Imaginative Amazing Treasures Presidents doing their share in the very orderly distribution of the wheelchairs, the gifts, and the prepared snacks given to all our guests during the gift-giving event.

The Rotary District 3800 Family Christmas Party

The main Christmas celebration in the District was hosted by RC Marikina East and RC Marikina Heights. My heartfelt thanks to the Christmas Party Committee chaired by PP Jo Bernabe with our Imaginative Amazing Treasures Presidents Rachelle Enriquez, and Rafael Arellano, PP Paz Pellobelo, PP Jojo Banzon, PP Gelo Aguilang, and to all the members of the host clubs for the very wonderful Christmas Party celebration.

It was the first time that children of our Rotarians were welcomed to the Christmas Party. The Christmas Party registered an attendance of 600 consisting of Rotarians and members of their families. It was truly a fun-filled and memorable event capped by a chorale competition highlighting the very admirable performances of chorale groups from all the eight (8) Zones with their own musical interpretations of Christmas carols. All the musical performances were truly outstanding to the delight of the audience with the Board of Judges having a difficult time in the selection of the winners. I salute all the participants in the Zonal Chorale Competition for their excellent musical arrangements and the very entertaining renditions of Christmas carols.

The excellent program ensured the success of the Christmas Party, coupled with the numerous raffle prizes, and surprises, the excellent hosting, and the ensuing dance party filling all available spaces at the dance floor (with everyone rocking and rolling to their heart's delight) provided the true spirit of unity and fun fellowship among our beloved Rotarians in our District.

I salute the Christmas Party Committee, the host clubs, all the generous donors of the raffle prizes, all my beloved Rotarians of District 3800, for spreading good cheer, and sharing Love, Joy, and Peace which are the true Spirit of Christmas!

Let us not only celebrate Christmas in one Season, but in all Seasons, and days of our lives, for in so doing, we will truly be giving the world our best it truly deserves, and wake up each morning knowing we have made a difference!

“Maligayang Pasko and Manigong Bagong Taon Sa Ating Lahat!”

Sincerely,

ARTURO “BOBBY” C. TANYAG
Governor, RI District 3800
RY 2022-2023





It is with joy and happiness that my family and I greet all of you a Happy and Prosperous New Year! As per Chinese horoscope, 2023 is the Year of the Water Rabbit and this combination of the Rabbit zodiac and Water element will bring good luck, patience, prosperity, and vigor.

Our beloved DG Bobby Tanyag and the Imaginative Amazing Treasures Team deserve big pats on their shoulders for the very successful 1st six months of our Imaginative Amazing journey. Their many achievements and accomplishments speak of how they did their best halfway through their term. A big round of applause for jobs exceptionally done!

On January 14, 2023, we will convene at Club Filipino for the **District 3800 Mid-Year Review** to showcase each Rotary club's midterm accomplishments. Here, we could see the best efforts made by each club for the past 6 months as they are reported by the Senior Assistant Governors. The event is hosted by RC Kalookan North and chaired by DGN Bobby Zamora.

The District is not resting on its laurels yet as we still have the second half to accomplish the District's objectives. We are looking forward with great optimism and enthusiasm for all our Rotary clubs in the district to complete their plans and programs and service projects covering all of the 7 areas of focus of Rotary before the set deadlines.

Palarotary is just around the corner, February 5, 2023, starting at 7:00 AM to be exact. I take special pride that this annual event was initiated by PDG Edi Chua Co Kiong of my home club, RC Malabon during his stint as District Governor in RY 1990-1991...so for trivia matters, Palarotary has been going on for 32 years now. This sporting event will be held at Marikina Sports Center and is hosted by RC Rivercity Marikina and RC Mandaluyong Premier. Zones are assigned their respective colors, details of which are on the following page.

In just 2 months, on March 10-11, 2023, the much-awaited **2023 District Conference** will be held at the Grand Ballroom of Okada Manila. Hosted by RC Pasig South and chaired by PP Raymond Samson, the event features the Governor's Ball and of course, the fiercely but friendly contested, Talent Night Competition. These and much more you will witness and expand your Rotary experience as I invite all of you especially the new Rotarians to attend.

As of December 31, 2022, District 3800 has already completed 103 Governor's Visits and Club Inductions, 3 more to go

Other remaining activities will be announced from time to time and will be posted in our viber group chat.

.These are our upcoming activities:

- **DISTRICT 3800 MID-YEAR REVIEW, RY 2022-2023**

January 14, 2023 (Saturday), 1:00 PM – 5:00 PM
Kalayaan Hall, Club Filipino, Greenhills, San Juan City
12 NN – Start of Registration
Host Club: Rotary Club of Kalookan North

- **PALAROTARY 2023**

February 5, 2023 (Sunday), 7:00 AM
Marikina Sports Center, Marikina City
Host Clubs: Rotary Clubs of Rivercity Marikina & Mandaluyong Premier

Palarotary T-shirt color by Zone:

| | |
|-----------------|-----------------|
| Zone 1 – Blue | Zone 5 – Orange |
| Zone 2 – Red | Zone 6 – Green |
| Zone 3 – Yellow | Zone 7 – Maroon |
| Zone 4 – White | Zone 8 – Violet |

- **DISTRICT CONFERENCE 2023**

March 10-11, 2023 (Friday & Saturday)

Grand Ballroom, Okada Manila

Host Club: Rotary Club of Pasig South

Early Bird rates: Rotarians – Php 7,500

Spouses – Php 7,000

Ends on January 31, 2023

Special Promo: First 100 registrants will get Php 1,000 worth of playing vouchers courtesy of Okada Manila

- **IMAGINATIVE AMAZING TREASURE GRAND CAR RAFFLE**

To be raffled off during the DISCON...just reminding IATPs to remit payments early.

Let me also announce our upcoming District events and activities (posted on the next page) as I request IATPs to encourage your members especially your new Rotarians to participate and enjoy their Rotary journey.

Last but certainly not the least, let me congratulate GML Chair, CP Prisco Rivera and Vice Chair PP Dan Velarde for the December issue of the Governor's Monthly Letter. Good job guys!

NOEL L. CUICO

District Secretary for Operation

RY 2022-2023





Rotary
District 3800

IMAGINE
ROTARY

MID-YEAR REVIEW

RY:2022-2023

January 14, 2023 (Saturday) | Kalayaan Hall, Club Filipino, San Juan
1:00PM - 5:00PM
12NN Start of Registration

Rotary Club of Kalookan North
Host Club

SAVE THE DATE

Details to follow

Bobby Tanyag
District Governor

Rotary District 3800

IMAGINE ROTARY

PALAROTARY

FEBRUARY 5, 2023 SUNDAY 7AM
MARIKINA SPORTS CENTER, MARIKINA CITY

HOSTED BY: THE ROTARY CLUB OF RIVERCITY MARIKINA AND
THE ROTARY CLUB OF MANDALUYONG PREMIER

Rotary District 3800

IMAGINE ROTARY

DISTRICT CONFERENCE 2023

10-11 MARCH
Grand Ballroom, OKADA Manila

REGISTER NOW

RATE:
EARLY BIRD ROTARIAN PHP 7,500.00
EARLY BIRD SPOUSE PHP 7,000.00

PAYMENT DETAILS:

Gcash 0917-843-4454 KRISTINE MARIE T.
0917-581-2751 ALBERT DE RIVERA

CHINA BANK 122 - 400 - 00350
ROTARY CLUB OF PASIG SOUTH

SCAN ME

Registration Link:
<https://bit.ly/3ErDwiU>

27-31 May 2023
MELBOURNE, AUSTRALIA

4-8 June 2022
HOUSTON, TEXAS, USA

PAST & FUTURE

IMAGINE WHAT'S NEXT

REGISTER

Rotary MELBOURNE 2023

Spouses' Executive Committee Christmas Party

by **IPP KRISTINE MARIE G. TANYAG**
HONORARY CHAIR OF THE SPOUSES' ASSOCIATION
RI DISTRICT 3800, RY 2022-2023



We could not let December pass without having our very own Spouses Executive Committee Christmas Party!

We had it last December 3 at Valle Verde Country Club. Thanks to our Overall Spouses Chair Sps. Yoly Supetran, who was able to plan last minute -- from the venue, to the food, and of course the games! We always love her games. Our theme was K-Pop Christmas and everybody was so creative and participative as they came in their best K-Pop Christmas outfits!



It was indeed nice to see the Spouses before the holidays. I am definitely grateful for having all of them as part of the Spouses Executive Committee.

We were all thankful for such a wonderful year for the Imaginative Amazing Treasure team. Looking forward to the rest of the rotary year with these ladies! I hope everybody had an amazing holiday as well!

Happy New Year!



Pinoy Humor Caught in Rotary Snapshots Despite “Paeng” in Signal No. 3

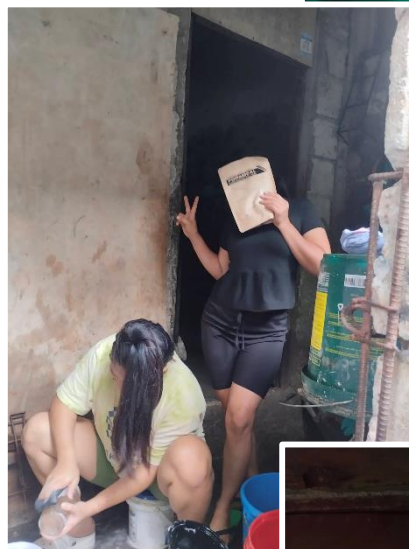
by **PP OPHELIA D. BELLO**
Rotary Club of Cainta

The Philippines ranks 3rd in the Global Happiness Index. Filipinos are known to be happy and resilient people who manage to smile amid difficulties. Hence, it is not surprising to witness how our fellowmen, young and old alike, cope with problems and never get distraught. We are known for positivity and sense of humor, characterized by our ability to smile and laugh in times of troubles and move on from the face of problems.

Saturday, October 29, 2022, in the midst of deep floods, torrential rain and blowing winds, Rotarians from the Rotary Club of Cainta, Barangay Health Workers and Kagawads worked together to assist our less fortunate neighboring community to ensure their safety and food security at times where they are not able to buy and prepare foods for their families. The volunteers distributed relief packages of 20 boxes of FORaMEAL, equivalent to 680 packs, for our beneficiaries at the Puma Compound, 3rd Street, Guar 1, Barangay Sto. Domingo, Cainta, Rizal.

FORaMEAL is an emergency relief meal for those affected by natural disasters. It is designed and formulated to include a balanced and nutritious blend of carbohydrates, important fats and proteins together with a sachet of essential vitamins and minerals. RCC would like to take this opportunity to thank its partner, the Rotary Club of Canterbury, for donating said FORaMEAL packs.

It takes great strength to find happiness in adversity. It takes an equal amount of resilience to bounce back.



RCSGP Hosted H.E.L.P. Project

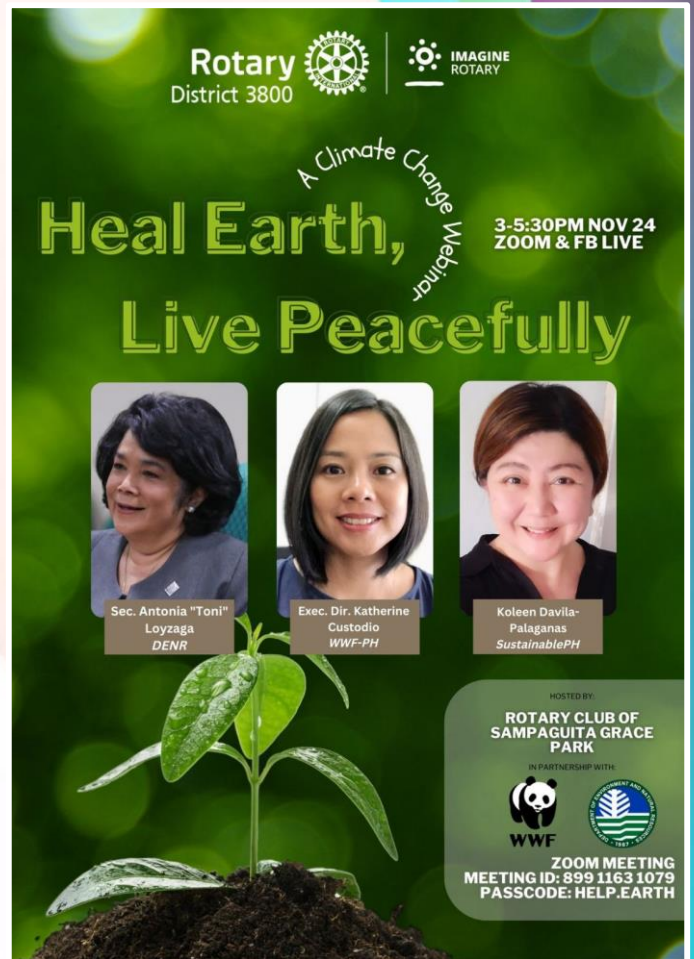
by **IATP RITA VICTORIA J. GELI**
Rotary Club of Sampaguita Grace Park

The Rotary Club of Sampaguita Grace Park (RCSGP), hosted for District 3800, last November 24, 2022, the “Heal Earth, Live Peacefully” (HELP) project, a webinar on environment and climate change awareness.

The distinguished guests of the online event were Secretary Ma. Antonia Loyzaga of the Department of Environment and Natural Resources (DENR), Executive Director Katherine Custodio of the World Wildlife Fund (WWF) Philippines, and Ms. Koleen Palaganas, Head of the SM Sustainability Office. A mixture of Rotarians, Rotaractors and students of the Paranaque National High School, totaling 213, attended the online event. RCSGP’s very own Past President, Atty Lorna Kapunan, served as Moderator and Chairperson of the said event.



Secretary Loyzaga emphasized the need to work together to make large-scale, wide-ranging and systemic transformations to meet the target of limiting increase in warming temperature to 1.5 degrees Celsius. She stated that we must confront this climate emergency with a comprehensive risk management approach, and civic organizations such as the Rotary, and the private sector, have to step up as critical actors toward climate action.



On the other hand, Ms. Custodio spoke about climate change as a pressing challenge that we face as a global community. She shared that global average temperatures have already risen and are projected to further increase by 1.7 degrees to 4.8 degrees Celsius. This means that we will experience more extreme heat, heavy rainfall, drought, fire weather and ocean warming. In the Philippine context, she mentioned that we are ranked fourth in the Global Climate Risk Index as one of the most affected countries by extreme weather events such as sea level rising, more intense tropical cyclones, increased rainfall and compounded extreme events which lead to greater economic losses and fatalities. According to her, we are now in the end game and we must use this last decade to commit, act and advocate sustainability since we know that what we do during this time is what matters most and will define what the ending will be for all of us.

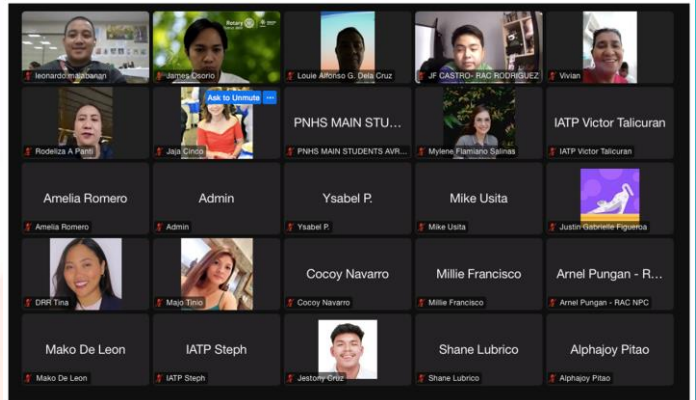
On her part, Ms. Palaganas shared that the present scenario shows that human activity is producing greenhouse gas emissions at a record high, with no

signs of slowing down. Thus, she stressed, that all of us need to contribute to curb this climate crisis. She presented SM's approach in doing its share in helping reach the finish line that we aim for to avoid irreversible damage to our ecosystems. Their mitigation and adaptation efforts are underway to shift to a low carbon economy and building resilience to climate change.

District Governor Bobby Tanyag responded by calling on Rotarians to do their parts as responsible citizens in reducing carbon footprints in our daily lives, and drawing up plans for future collaborations between District 3800 and WWF Youth Council to help heal the earth and live peacefully.



All heard, the common message is clear - climate change is a real and serious issue but there is still hope. Together, we can #Change the Ending.



HIRAYA MANAWARI

RI President Jennifer Jones' Philippine Impact Tour

by **PP PAOLO RIVERA**
Rotary Club of Mandaluyong West

November 23, 2022 (Wednesday):

RI President Jennifer Jones and partner DGN Nick Krayacich arrived in the Philippines on an evening flight.

November 24, 2022 (Thursday):

At 9:30 a.m., Rotarians and Rotaractors from the ten (10) Philippine Rotary Districts converged at the Philippine International Convention Center (PICC) Plenary Hall for a half day Town Hall Session on "Diversity, Equity and Inclusion (DEI)" which was ably moderated by Philippine Rotary Magazine Editor-In-Chief/Past District Governor Sonny Coloma. It was a lively discussion to the delight of the attendees which featured the following notable speakers:

- | | |
|-----------------------------|-------------------|
| RI President Jennifer Jones | Bai Rohanza Usman |
| Rep. Geraldine Roman | DG Ann Lorenzana |
| Ma. Aurora Garcia | PE Louie De Real |
| Mr. Rudy Gaspillo | |



A fellowship program followed at the PICC Tent where a sumptuous lunch was served. Together with the incumbent district governors, each district was given the privilege of having a photo session with RI President Jennifer and the other dignitaries present. Our district, led by DG Bobby Tanyag, registered 110 Rotarians attending the event.

In the evening, an intimate Testimonial Dinner was hosted by the incumbent District Governors and their partners for the RI President and DGN Nick at the newly refurbished National Museum where DG Bobby Tanyag and LCP Kristine Tanyag were in attendance representing RID 3800.

TOWNHALL ON DIVERSITY, EQUITY AND INCLUSION

WITH RI PRESIDENT JENNIFER JONES

AND WORLD CLASS PANEL

| | | |
|--|--|---|
|  REP. GERALDINE B. ROMAN LGBTQ RIGHTS |  MA. AURORA "BOOTS" GEOTINA-GARCIA WOMEN EMPOWERMENT |  RUDY GASPILLO COMMUNITY EMPOWERMENT AND ECONOMIC INCLUSION |
|  BAI ROHANIZA SUMNDAD-USMAN CULTURAL INCLUSION AND PEACE |  DG ANN LORENZANA "PRIDE" IN MY ROTARY JOURNEY |  PE LOUIE DE REAL GENDER EQUALITY AND BRIDGING INTERGENERATIONAL GAPS IN ROTARY |



November 25, 2022 (Friday):

The day's proceedings started with RI President Jennifer and DGN Nick being tendered with a lunch at the historic Manila Hotel by the Philippine College of Rotary Governors. Also in attendance in this event were ARPIC/PDG Tonipi Parungao and Spouse Lana.



In the evening, Rotarians watched the first Lady President of Rotary International discussing her advocacies and programs as she guested at “The Final Word with Rico Hizon” over CNN.



November 26, 2022 (Saturday):

Five hundred (500) Rotarians, Rotaractors and members of the Rotary Community Corps (RCC) trooped to the Taguig University for the RCC Showcase 2022 which was ably organized by Rotary Village Corps Foundation, Inc. Chair/PDG Jess Cifra (D3780) and District RCC Chair/PP Paolo Rivera (D3800). The event’s proceedings were coordinated by PP Mitch Ballesteros of RC Mutya ng Pasig and her entire Ex-Link team. They were assisted by Rotarians from RID 3780 headed by PDG Sam Pagdilao and DG Florian Enriquez. Various RCCs showcased their

products and livelihood programs/advocacies. A program ensued ably hosted by PP Paolo, PP Micah Castillo and CP Aya Corpus where RI President Jennifer gamely addressed the audience about her Imagine: Rotary Journey and how proud she was of what the Rotarians and RCCs have been doing in this part of the world. The highlights of the program included the President dancing with DG Bobby and his Governor classmates on stage and an offering of a symbol of solidarity and commitment while singing” Welcome To Rotary” with all the Rotary Club Presidents in attendance headed by Presidents Hermie Carino of RC Mandaluyong West and Bamba Cammaya of RC Loyola Heights to RI President Jennifer and DGN Nick which was a first of its kind in Philippine Rotary history.



DG Bobby and LCP Kristine attended the RC Makati West Induction Ball in the evening at the Sofitel Tent where RI President Jennifer was the Guest of Honor and Keynote Speaker.

November 27, 2022 (Sunday):

DG Bobby (accompanied by DS Sheryl and RCC Chair/PP Paolo) trooped to Mt. Purro Nature Reserve in Barangay Calawis, Antipolo City, for the lunch reception of RI President Jennifer and DGN Nick, after they joined a tree planting activity which was participated in by RC Rizal

Mideast with its Imaginative Amazing Treasure President Cherie Sandoval at the helm. DG Bobby warmly welcomed the dignitaries and the Dumagats who were responsible for the ecological development in the area.



November 28, 2022 (Monday):

A thanksgiving and congratulatory Fellowship Dinner was hosted by PDG Chacha Camacho of RID 3830 and PP Rizza Hechanova of RC Manila Premiere at the Hechanova residence in Makati. In attendance were those who worked, coordinated, supervised and organized all the events and ensured that the itinerary of the RI President and her partner will be smooth and stress-free.



Our district was ably represented by DG Bobby Tanyag who gamely sang a couple of songs, with PP Paolo Rivera and PP Mitch Ballesteros. It was a truly a showcase of the warm Filipino Rotary hospitality which was a fitting send-off for RI President Jennifer and DGN Nick who were scheduled to fly out from the Philippines en route to Abu Dhabi for the Rotary Zone Institute the next day.



District 3800 Represented in Rotary Zone Institute 2022

by **PP PAOLO H. RIVERA**
Rotary Club of Mandaluyong West

One of the things I am happy about in our organization is that it prides in organizing a lot of training programs available for Rotarians. After two (2) years of having Rotary Zone Virtual institutes, a physical institute (finally!) was again held at Yas Island, Abu Dhabi, United Arab Emirates, from December 2-4, 2022. I have been a happy and proud attendee of 9 Zone Institutes (2 virtual and 7 physical).

The event opened with a Major Donor/Arch Klump Society Luncheon held at the W Hotel which were attended by the following Rotarians from our district:

1. Past RI Director Raffy and Minda Garcia;
2. EMGA/PDG Jun and Zeny Farcon (who were recognized as Bequest Society Level 2);
3. PDG Mac and Cely Hermoso (who were recognized as Major Donor Level 4); and
4. PP Paolo Rivera.

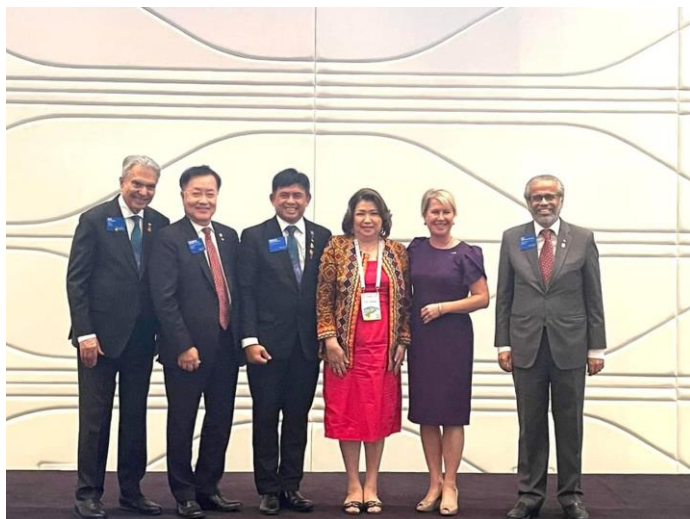
The Zone Institute was formally opened by RI President Jennifer Jones and a number of Rotarian speakers. They spoke about climate, environment; the global advocacies that different Rotarians in every region do and the strategic and peaceful processes of determining Rotary leaders. Our very own PRID Raffy Garcia – spoke about “THE ONE”. We were later on joined by DGE Pope and Vicky Solis. Each evening saw a different kind of Rotary fellowship, the middle Eastern Way. During the Nationality Night, the ten (10) District Governors-Elect won first place in the Talent Night Competition for their beautiful rendition of “Isang Mundo, Isang Awit” to the delight of crowd composed of around eight hundred (800) Rotarians from Rotary Zones 1B, 9 and 10.

This year’s Zone Institute was a truly moving and insightful experience after 2 years of the pandemic.

Rotarians are welcome to join the next Rotary Zone Institute to be held in Kaohsiung, Taiwan, on December 8-10, 2023. Please check on their website for registration details



More Pictures on the Rotary Zone Institute 2022



An Imaginative Amazing District Christmas Party

by **IATP RACHELLE E. ENRIQUEZ**
Rotary Club of Marikina East

It was truly an Imaginative Amazing Christmas celebration by the Rotary International District 3800 held at the Grand Ballroom of Valle Verde Country Club in Pasig City last December 4, 2022! The hall was filled with magic and joy. It was a well-attended district event composed of 600 Rotarians, family members and guests. The event was jointly hosted by the Rotary Club of Marikina Heights and the Rotary Club of Marikina East, chaired by Past President Josephine Bernabe and co-chaired by IATP Rachele Enriquez.

One of the highlights of the occasion is the splendid performance of a medley of Christmas Songs by no less than District Governor Arturo “Bobby” Tanyag and the so-called BTS - the Bobby Tanyag Singers. Also marking the event was the choral performances of some timeless Christmas carols splendidly performed by seven (7) participating teams, namely, Zones 1, 2, 4, 5, 6, 7 and 8. The grand winner of the D3800 Christmas Choral Competition 2022 was Zone 8, followed by Zone 4 as 1st runner-up, and Zone 2 as 2nd runner-up. Zone 1 was given a special award for the biggest number of chorale participants.

Also, the Top 3 Clubs which participated in the TRF Giving Tuesday Challenge were also recognized and given awards. Other awards given were Best Imaginative Amazing Costume winners, both for the female and male categories, and another special award for Best in Effort.

A dazzling array of mirthful surprises and treats also marked the event, to wit: Meet & Greet Santa, Fire & Magic Show, Cash Cube, Comedienne Hosts, and DJ Disco Party with a buffet of 11 Dance Masters. Traditional Christmas Filipino treats and flavors such as Puto Bumbong, Bibingka, Taho, Sorbetes, and Lechon were also offered to the attendees which made the occasion more complete.

To cap off the marvelous night, the host clubs gave out some minor and major raffle prizes, including an ALL-IN Boracay 3 Days and 2 Nights Package for 2 persons and two (2) Tourist Bus Transportation – Day Tour.





Pamaskong Handog Para sa PWD

by **PP GEORGE SIY**
Rotary Club of Malabon East
Chair, PWD Committee

In celebration of Persons with Disability (PWD) Month and Christmas Season, the Rotary International District 3800 under the leadership of DG Arturo “Bobby” Tanyag thru the effort of Community Service Committee chaired by PP Lito Sese, Vice Chair PP Brilliant Chua, District Secretary for Operation, DS Noel Cuico, PWD Committee Chair PP George Siy, Vice Chair PP Jed Concepcion, District Christmas Party Chair PP Josephine Bernabe, and Co-Chair IATP Rachele Enriquez organized a Gift Giving Project for Persons with Disability entitled “ Pamaskong Handog para sa PWD” held last December 4, 2022 at Valle Verde Clubhouse, Pasig City. This project aims to provide wheelchair and grocery packs to chosen PWDs in the District this Christmas Season.



The program was hosted by Past President Joel Rellve and Past President Jed Concepcion. It started with DG Bobby’s call to order followed by a prayer led by IATP Rodel Enriquez. An Opening Remark was delivered by Community Service Chair, Past President Lito Sese and an Inspirational Message given by District Governor Arturo “Bobby” Tanyag. DG Bobby led in the distribution of 80 wheelchairs with groceries to chosen PWDs and another 30 PWD beneficiaries received grocery packs sponsored by the Imaginative Amazing Treasure Presidents. After the distribution of wheelchairs and groceries, Past President George Siy delivered his Closing Remarks.



Rotary



IMAGINE
ROTARY

PWD Pamaskong Handog Photo Album

December 4, 2022
Valle Verde Clubhouse, Pasig City







Special Feature on Zone 4B Rotary Clubs (Marikina, San Mateo & Rodriguez)

by **SAG ARTHLEEN FETALVERO**
Rotary Club of San Mateo

Zone 4B comprises of nine (9) Rotary Clubs from Marikina City and the towns of San Mateo and Rodriguez in Rizal Province. These clubs are ably assisted by three (3) Assistant Governors, namely: Peace Builder President Reggie Regis of RC San Mateo; Life Changing President Brian Mathew Ligsay of RC Rodriguez; and Life Changing President Emily Tiozon of RC Passport One Marikina.



Brief Background on Zone 4B Rotary Clubs

Like a whiskey, this club gets better with time. I am referring to the **Rotary Club of Marikina North** which has been in existence for forty-two (42) years and has produced one District Governor, in the person of Anthony “Tonipi” Parungao. The club has produced many past presidents who served as district officers of RI District 3800 with a current membership of forty-four (44) Rotarians plus five (5) newly inducted members. It has a giving of US\$7,000 which is over and above their US\$5,000 goal.

Next is the **Rotary Club of Marikina Heights** which has been in the service in the Marikina Heights area for twenty-three (23) years now. This club focuses on maternal and child care as well as basic education and literacy projects, among others. It has hosted several district events, including the recently concluded District 3800 Christmas Party. Many of its members have also served as district officers in RI District 3800. They have twenty (20) members as of the moment.

One solid club in Marikina is the **Rotary Club of Rivercity Marikina**, which is an 18-year old club which has also produced many district officers. This club has also hosted district events, including the recently-concluded successful Bowling Tournament 2022 and the upcoming Palarotary 2023. This club has thirty-one (31) members and has recently inducted one (1) new member into its fold.

The very first Rotary Club in the town of San Mateo in Rizal Province is the **Rotary Club of San Mateo** which serves the community of San Mateo for almost sixteen (16) years now. It has produced past presidents who continuously serve as district officers. The club has twenty-six (26) members and has recently inducted three (3) new ones this current Rotary Year. The club also has a record breaking contribution to the TRF in the amount of US\$4,000. The current Senior Assistant Governor of Zone 4B, Past President Arthleen M. Fetalvero, hails from this club.

The sole Rotary Club in Rodriguez town in Rizal Province is the **Rotary Club of Rodriguez** which has 32 members at present. This club has been serving the community in Rodriguez in the last twelve (12) years and continues conducting projects revolving around the seven (7) areas of focus. This club has produced some past presidents who have served beyond the club level until the present.

The Highlanders, as they call themselves, are the members of the **Rotary Club of San Mateo Highlands**. This is the second Rotary Club to be chartered in San Mateo town. Most of their members reside in the upland parts of San Mateo, specifically, in Barangay Silangan. For the last eleven (11) years, Highlanders have been continuously doing service projects catering to the needs of the indigent people in the highlands of San Mateo. They have twenty-two (22) members at present, including Charter President (CP) Prisco S. Rivera, Jr., past and current Editor-in-Chief, Governor's Monthly Letter (GML), RI District 3800.

The third club to be chartered in San Mateo town is the **Rotary Club of San Mateo Midtown** headed by CP Teresa Amado. They have sixteen (16) members and have recently inducted two (2) new ones. This club is now on its 7th year of doing good in San Mateo. In most club undertakings, they actively involve their partners in service, such as their Rotaract Club, Interact Club and Rotary Community Corps.

Springing from the Rotary Club of San Mateo Midtown is the 4th club in San Mateo which is the **Rotary Club of San Mateo Central**. They have currently seventeen (17) members. This club has been in existence for four (4) years now.

During the pandemic, a hybrid club was born - the **Rotary Club of Passport One Marikina**. This club has a very strong membership recruitment. They started this Rotary Year with 80 Rotarians, most of them are based abroad and majority are in the medical field. This club still continues to add more members and has recently inducted six (6) new members. So far, this club is the youngest in Zone 4B which is only two (2) years old going three (3).

With your indulgence, allow us to feature the wonderful projects and activities the Rotary Clubs from Zone 4B have been doing in the last six (6) months since Rotary Year 2022-2023 started:



ROTARY CLUB OF MARIKINA NORTH

IMAGINE GIRLS CAN!

by **IATP ROLAND CARDINOZA**

Rotary Club of Marikina North

One of Rotary District 3800's goals and thrust is to encourage clubs in establishing scholarship funds to enable girls in pursuing higher education and to pave their way out of poverty. The district initiated the Empowering Girls campaign to encourage clubs to create more activities and projects that can enhance girls' education, safety, health, and well-being for them to transform their future.

The Rotary Club of Marikina North (RCMN) embraced this initiative by reaching out to World Vision Philippines and Force Saving Cooperative to partner with them. These are non-profit organizations which share the same goal as our district which is creating more opportunities for girls to succeed through education.

A signing ceremony was held on 29 November 2022 at the World Vision office in Quezon City. The RCMN, together with Force Savings Cooperative, will sponsor the education of 5 girls for 3 years through World Vision. This 3-year commitment has a total cost of Php135,000, payable in 3 equal installments to World Vision. RCMN and FSC will share the sponsorship cost for 5 girls equally. In addition, four members of the RCMN signed up to individually sponsor 5 more girls for 3 years. In total, RCMN will be sponsoring the education of 10 girls for at least 3 years with a total cost of Php270,000.

Signing the MOA were IATP Roland Cardinoza, RCMN Club President; Ms. Joanne Flores, Vice Chair of FSC; and Mr. Rommel Fuerte, WV National Director. Acting as a witness to the contract was Mr. Santos Godornes, Jr., the Director for Resource Development of WV. Also present in that event were IPP Jerome Mangubat, PP Mylene Valentino and Rtn Lemmie Landingin, all from the RCMN.

We encourage other clubs within our district to also sponsor the education of girls through World Vision. For just Php750/month (or Php9,000/year), you can help EMPOWER one GIRL to reach her DREAMS.





HELP SEND
GIRLS
TO SCHOOL
NOW



DSWD-SB-SP-00044-2022 valid from October 31, 2022 - November 1, 2023

ROTARY CLUB OF MARIKINA HEIGHTS

RC MARIKINA HEIGHTS CONDUCTED PROJECT FOR STREET CHILDREN

by **IATP RAFAEL A. ARELLANO**
Rotary Club of Marikina Heights

The Rotary Club of Marikina Heights (RCMH) conducted a project for the benefit of the street children in Angono, Rizal, on December 30, 2022. Dubbed as “Paskong Masaya at Masigla Kasama ang mga Batang GALA”, the project included the conduct of a Christmas Party and distribution of gifts (composed of cash, rice, groceries and toiletries) to seventeen (17) street children now under the auspices of the Gabay sa Landas (GALA).

A total of fifteen (15) volunteers participated in the project in ten (10) volunteer hours. It costed 517 US dollars and comes under Community and Economic Development area of focus. It was the second time that RCMH conducted such project in GALA.



ROTARY CLUB OF RIVERCITY MARIKINA

A DISTRICT FUND GRANTED PROJECT OF RC RIVERCITY MARIKINA

by **PP ROLANDO LUNA**
Rotary Club of Rivercity Marikina

This District Grant Project is composed of three (3) parts, to wit: 1) gift-giving of twelve (12) wheelchairs to poor senior citizens and/or Persons With Disability (PWDs); 2) gift-giving of ten (10) white canes to blind persons from Barangay Mayamot, Antipolo City; and 3) donation of six (6) units of Spine Boards to the Barangay Mayamot Emergency Response Team.

The choice of the project's title actually stemmed from the following narrative:

Aling Tinay has every reason to be happy and hopeful this morning as she took special pains to wash and make presentable her 19-year-old son who was afflicted with polio at age six, became invalid and bedridden since then.

Today, the DREAM of relief for her son and herself in the form of a wheelchair will be made REAL and will make easier the task of caring for her helpless son and enable him to escape from the shackles of his prison bed from time to time.

Eleven other families, desperately in need for a wheelchair for a family member, and considering having one, just a dream (still); cannot believe that a REAL wheelchair will be delivered to them today!!!

Meanwhile, the members of the Emergency Response Team, witnesses to the tragic experience of trauma victims they tried to save, are DYING for lack of life-saving rescue equipment. They have in their IMAGINATION, and practiced drill after drill of rescue missions using only imaginary Spine Boards.

But on November 10, 2022, at the Mayamot National High School grounds, the Rotary Club of Rivercity Marikina made these special people's (blind persons included) DREAMS AND IMAGINATION REAL.

President Dick dela Rosa headed the Rotary Club of Rivercity Marikina's turnover of the items to the beneficiaries. Other attendees were Rotarians Tony Sy, Esmer Tepace, Arnold Mendoza, Jonathan



Gonzales, Winnie Tan, Angel G. Luna, Joseph Ryan Lingua, J. Madarang, Dong Luna, Corrine Agustin, and Emma Castillo with Spouses Zelda Tepace and Claire Luna.

Barangay. Mayamot officials were also present composed of Barangay Captain Pablo Roldan, Barangay PWD President Rhea San Buenaventura, Kagawad Edwin Cabalsa and 1st District of Antipolo Councilor Susan Garcia-Say.





ROTARY CLUB OF SAN MATEO

6 AREAS OF FOCUS IN 1 DAY PROJECT

by **PP CONCEPCION ERLANO**

Rotary Club of San Mateo



Last August 14, 2022, the Rotary Club of San Mateo (RCSM), together with the Rotaract Club of San Mateo and the Interact Club of San Mateo National High School, in partnership with Barangay Malanday, Office of the Mayor of San Mateo and the AFP Reserve Command, joined hands to conduct a 6 Areas of Focus in 1 Day Project in Netra 2, Upper Patiis, San Mateo, Rizal.

Netra 2 is located in the upland part of San Mateo where quarrying is being done. The residents are mostly quarry workers and informal settlers. Help or assistance is hardly provided in that area as one has to pass through unpaved, muddy and sometimes flooded roads. Out of 1,000 residents in that community, more than 800 of them received various services in that project. The following are the details of this significant project:

Area of Focus # 1: Fighting Disease – A free consultation for adult and children was conducted by volunteer doctors from the military. They also provided patients with prescribed medicines. Free tooth extraction was likewise conducted by our volunteer dentists. Eye check-up was also conducted with distribution of free reading glasses. Minor surgeries and circumcision were likewise conducted by the volunteer surgeons.

Area of Focus # 2: Saving Mothers and Children – Free medical consultations were done which benefitted mothers and children. Vitamins were also provided for free to mothers and children. Free snacks were provided to children. Hygiene Kits were distributed to the beneficiaries. A lecture on Women and Children Protection was also conducted with community leaders as participants.

Area of Focus # 3: Promoting Peace – The in-house lawyer of RCSM headed the “Magtanong Kay Attorney” Project in the same community on that same day. Together with other lawyers, they provided free legal counselling to ten (10) indigent residents in the community who have legal concerns or issues.

Area of Focus # 4: Providing Clean Water – The children were also gathered on that same day for an orientation on the proper hand washing and brushing of teeth. Free hygiene kits, which included soaps, face masks, toothbrush and toothpaste, were distributed to the attendees. Moreover, volunteer military personnel who

know how to cut hair provided free haircut to the children for their good grooming and hygiene.

Area of Focus # 5: Protecting the Environment – The club members of RCSM, upon learning of the newly constructed elementary school in that community, planted ornamental plants in the school grounds as part of the Green and Clean Environment Campaign. RCSM hopes that the same effort will be repeated by the teachers and students in the school premises in the coming days or years.

Area of Focus # 6: Growing Local Economy – All the projects conducted on that day also helped in the economic and community development of the Netra 2 community and its residents.

Moreover, in pursuit of the newest thrust of Rotary International on Empowering Girls, a **Lecture on Women and Children Protection** was conducted which highlighted the importance of **empowering our girls and women now** and in the future.

August 14, 2022 also marked our Rotary Day of Service as volunteers were invited by RCSM to become members. It was truly a day of service to our needy fellowmen in San Mateo.

Project Summary:

| | |
|-----------------------------|--------------------------------------|
| Adult Medical Consultations | : 117 |
| Pedia Medical Consultations | : 165 children |
| Dental Tooth Extractions | : 101 teenagers |
| Minor Surgeries | : 2 adults |
| Tule / Circumcisions | : 25 boys |
| Medicines and Vitamins | : 410 adults, teenagers and children |
| Eye Check Up | : 200 adults |
| Free Reading Glasses | : 200 adults |
| Free Hair Cut | : 70 children |
| Hygiene Kits | : 150 children |
| Tree Planting | : 600 students of |
| Patiis Elem School | |
| Free Legal Counselling | : 10 residents |



AUGUST 14 MEDICAL MISSION
FIGHTING DISEASE





AUGUST 14 MEDICAL MISSION
MATERNAL & CHILD CARE





AUGUST 14 FREE LEGAL ADVISE
PEACE & CONFLICT RESOLUTION





AUGUST 14 FREE HAIRCUT
WATER, SANITATION & HYGIENE



Rotary Club of San Mateo
IMAGINE AUGUST 14 "SIX FOCUS IN 1 DAY"
ROTARY ECONOMIC & COMMUNITY DEVELOPMENT



Rotary Club of San Mateo
IMAGINE AUGUST 14 MEDICAL MISSION
ROTARACTORS IN ACTION



Rotary Club of San Mateo
IMAGINE AUGUST 14 OPHTHALMOLOGY MISSION
ROTARY FIGHTING DISEASE



Rotary Club of San Mateo
IMAGINE AUGUST 14 MEDICAL MISSION
ROTARIANS & INTERACTORS IN ACTION



Rotary Club of San Mateo
IMAGINE AUGUST 14 MINI TULE
ROTARY FIGHTING DISEASE



Rotary Club of San Mateo
IMAGINE AUGUST 14 GIRL EMPOWERMENT
ROTARY LECTURE ON WOMEN AND CHILD PROTECTION



Rotary Club of San Mateo
IMAGINE AUGUST 14 MEDICAL MISSION
ROTARIAN IN ACTION



Rotary Club of San Mateo
IMAGINE AUGUST 14 SUPPORTING THE ENVIRONMENT
ROTARIAN IN ACTION



ROTARY CLUB OF RODRIGUEZ

PROJECT GINHAWA

by **RTN. GLORI-LYN DEL ROSARIO BUEZA**
Rotary Club of Rodriguez

Project Ginhawa involves the restoration of roofs and the installation of lights and wall fans in four (4) classrooms at the Wawa National High School (WNHS) located in Barangay Wawa, Rodriguez (Montalban), Rizal. An estimated 150-200 pupils will benefit from the project.

It started when the school principal sent to the Rotary Club of Rodriguez (RCR) a letter requesting that the club do the repair and remodeling of their comfort rooms in compliance with existing government guidelines and regulations.

However, during the ocular visit and inspection conducted by RCR's Imaginative Amazing Treasure President / Engineer Estong Ocampo and his team, it was noted that their school classrooms have been nearly abandoned for almost 4 years now. The conditions were, as follows: 1) with broken and leaky roofs; 2) with gloomy rooms such that students and teachers rely solely on sunshine to illuminate their classrooms; 3) there is no sufficient ventilation; and 4) there were not enough electrical outlets or power supply.

Here are old images of the subject classrooms:



Hence, RCR came up instead with the project called "Project Ginhawa" to repair and improve their classrooms in order to provide comfort and convenience to their students and teachers. The idea is for them to have conducive learning spaces where they can study and learn, with good roof, sufficient ventilation and lighting.

Photos of the improved classrooms are shown below:



RCR will ensure that the facilities installed therein are properly maintained in collaboration with the Wawa National High School's teachers, parents, RCC Wawa Bubbles, and the students themselves. They are all responsible for monitoring and sustaining the facilities. RCR will also promote appropriate sitting and standing posture among students, as well as teach them how to avoid Covid-19 disease. We will also conduct other trainings for them. These matters are actually contained in the Memorandum of Understanding which RCR signed with the stakeholders in time for the turnover of the improved facilities last October 7, 2022.



ROTARY CLUB OF SAN MATEO HIGHLANDS

RCSMH AIDED QUAKE, FLOOD VICTIMS; CONDUCTED ROTARY DAY OF SERVICE, GIFT-GIVING

by **CP PRISCO S. RIVERA, JR.**
Rotary Club of San Mateo Highlands

Heeding the call for help, the Rotary Club of San Mateo Highlands (RCSMH), led by IATP Ramil Palisoc and Spouse Wennie, distributed a total of 170 bags of rice to earthquake victims in Bangued, Abra, on August 6, 2022. It was meant to provide relief and comfort to earthquake victims as they try to recover from the wrath of a 7.0 magnitude earthquake that hit Luzon Island, with epicenter in Abra, last July 27, 2022. Dubbed as "Ahon Abra Relief Mission," the donations were directly given to the victims in coordination with the local government unit.

Moreover, when Typhoon Paeng subsequently hit Luzon Island late October 2022 causing massive flooding and destruction, RCSMH, led by IATP Ramil and Spouse Wennie, again responded to the call for help by distributing 100 sacks of rice to families of flood victims in various barangays in Lingayen, Pangasinan.

Moreover, on September 4, 2022, RCSMH conducted a Rotary Day of Service at the Multi-Purpose Hall of Our Lady of Banneaux, Barangay Silangan, San Mateo, Rizal. A total of 98 indigent families benefited from the project composed of children, mothers, men, elderly, LGBTQ, among others, who are residing in that depressed community. The project included free medical consultation, distribution of free medicines, vitamins, milk and other foodstuffs, free legal counselling, and mobile tutorial. Volunteer doctors, lawyers, teachers and Interactors joined the Highlanders in the conduct of the project. It was another high-impact project that touched many lives in which Highlanders were also able to invite prospective members from the volunteer professionals. The project was chaired by Charter President (CP) Prisco Rivera, Jr.

The traditional gift-giving project of RCSMH was conducted on December 16, 2022, at the Good Samaritan Nursing Home in Marikina City. The RCSMH, in partnership with VCD Clinic, donated food items (rice, milk, coffee, cereals, oats, biscuits, eggs, etc.) and hygiene stuffs (diapers, toiletries, etc.) for the benefit of 60 abandoned senior citizens. The club also sponsored a simple Christmas Party with a short program where PP



Ricardo de la Cruz and CP Prisco serenaded the seniors with timeless Christmas carols to the delight of the *lolos* and *lolas*. The project was meant to let the seniors feel the spirit of Christmas the Rotary way.

Distribution of 170 sacks of rice to earthquake victims in Bangued, Abra:



Distribution of 100 sacks of rice to flood victims in Lingayen, Pangasinan:



Rotary Day of Service:



Gift-Giving and Christmas Party for Abandoned Seniors:



ROTARY CLUB OF SAN MATEO MIDTOWN

RCSMM'S VERY FIRST DISTRICT GRANT

by **CP TERRY AMADO**
Rotary Club of San Mateo Midtown



The Rotary Club of San Mateo Midtown (RCSMM) was chartered on March 24, 2015 under then District Governor Marilou Co and then Membership Chair, Past President PP Gina Sanchez and DGSR Joerol Escaner with me as Charter President. Charter Presentation was held at the historic Manila Hotel on March 24, 2015.

After surmounting some birth pains and challenges, our club managed to stay alive. As Charter President, it is my duty, especially during challenging times, to guide our officers and members to continue our club activities and projects, participate in district and zonal projects and events, and enhance our fellowship, enjoyment and satisfaction in Rotary.

This current Rotary Year, we are happy to share that we're able to have our very first District Grant under my leadership as IATP. Actually, the first grant application was denied but due to strong recommendation of PP Gina Sanchez during our Governor's Visit, we were able to have it eventually granted.

One of the projects I presented during our Governor's Visit under Fighting Disease is about the dental condition of a 25 years old lady with a 4-year mental age as she suffers from autism. Every time the pain strikes, she would grab and pull the hair of her mother. It was suggested during the Governor's Visit to look for a community, center or school which takes care of such patient.

Then, I visited the San Mateo Elementary School and had a meeting with the Principal and Class Coordinator. I found out that said elementary school has 173 students with autism with a light to moderate degrees of severity.



After series of communication with the Class Coordinator, we came up with our project entitled "Teeth O'clock Habit." The project includes dental lecture, proper nutrition, film viewing, storytelling and poster making contest. As much as I want to include toothbrush drill and application of fluoride varnish to all students, we would just pick those students who are manageable to handle. Of course, this project will always involve their parents. Dental lecture would cover from the very start of conception because everything that a pregnant mother does, anything she eats or drinks, everything on their habit, especially if oral cavity is involved, will be transmitted to the fetus inside their womb.

We had just finished the orientation on proper tooth brushing technique and distribution of 173 toothbrushes and toothpaste to students and 50 toothpaste to the parents who attended. With proper tooth brushing technique and the lectures given, RCSMM hopes that it would be a great help to eradicate tooth decay.

Our club is scheduled to come back after Christmas season to apply fluoride varnish on the clean surfaces of their teeth and for feeding as well. There will be another lecture and we will be judging as well their posters made in line with the project.

On the other hand, the one with moderate autism and suffering from too much pain every now and then had underwent a series of laboratory procedures, like chest x-ray, blood examination, and ECG. It was actually a challenge to bring her to the hospital. She was diagnosed to have leukemia and one week of antibiotic intake was prescribed by the doctor. After she will be put under sedation by a specialized dentist to do complete oral rehabilitation and treatment which took long because of the behavior of the patient, hopefully, the treatment can be done safely and successfully after the Christmas season.

This is the beauty of giving to The Rotary Foundation (TRF)! We receive because we give! So, I encourage all Rotarians to give.

This is the story of very first district grant which I am happy to share to everyone!



ROTARY CLUB OF MARIKINA CENTRAL

KAKANIN ALL-STAR – SAN MATEO FINEST KAKANIN

by **IATP LOUIE VITO**
Rotary Club of Marikina Central

Kakanin symbolizes the unique take on desserts. Kakanin is the umbrella name for glutinous rice cakes. Its core ingredients are Malagkit (sticky rice) and Gata (coconut milk). There are secondary ingredients like grated coconut meat, sugar, and more. There are substitute ingredients like cassava, taro, and more.



On September 9, 2022, in celebration of the much awaited San Mateo Kakanin Festival held at the SM City San Mateo Activity Center which was attended by the Provincial Governor, Municipal Mayor, Vice Mayor and other Municipal leaders, together with SM Executives, the Rotary Club San Mateo Central (RCSMC) initiated a livelihood program in cooperation with the Empower Women Now! dubbed as “KAKANIN ALL-STAR” San Mateo Finest Kakanin. The livelihood program aims to promote San Mateo’s rich culture in making kakanin delicacies and open job opportunities for everyone, especially women involved in kakanin-making, with the assistance of the San Mateo LGU – Tourism Department.

Kakanin All-star is freshly made for everyone! The kitchen is now open through the online store for the public to enjoy their food while helping our local economy and preserving as well San Mateo’s culture and heritage in making Kakin.





ROTARY CLUB OF PASSPORT ONE MARIKINA

RCPOM'S AV FISTULA CREATION MEDICAL MISSION

by **IATP MICHAEL CORSINO**
Rotary Club of Passport One Marikina

The Rotary Club Passport One Marikina (RCPOM) initiated the “AV Fistula Creation Medical Mission” to alleviate the suffering of the growing number of dialysis patients, the lack of surgeons capable of AV Fistula Creation and the increasing number of deaths of dialysis patients due to catheter infection and complications.



The project aims to save lives of patients suffering from Chronic Kidney Disease (CKD) and in need of immediate dialysis treatment. An AV Fistula Creation will cost a patient around sixty thousand pesos (Php 60,000) for hospital charges and professional fees. RCPOM covers these medical expenses aside from the Care Kit and food given to the patient and their companions during the Medical Mission. To date, there are more than a hundred indigent patients who benefited from the project conducted at the Taytay Doctors Hospital and Multispecialty Center in Taytay, Rizal, and at the Dr. Paulino J. Garcia Memorial Research and Medical Center in Cabanatuan, Nueva Ecija.

Currently, there are ongoing mini-AV Fistula Creation Medical missions every Wednesday at the Quirino Memorial Medical Center in Project 4, Quezon City. There will also be incoming AV Fistula Creation Medical Missions to be held at the Ospital ng Cabuyao



and Pagsanjan Medical Center in Laguna; Batangas Medical Center in Batangas City; and Taytay Doctors Multispecialty Hospital in Taytay, Rizal.

An arteriovenous (AV) Fistula is a surgically-created permanent access located under the skin that makes a direct connection between a vein and an artery. An AV Fistula is how patients are connected to a dialysis machine. Without AV fistula, patient cannot have dialysis and is at high risk of infection. Patients who stop dialysis may live a little over one week depending on their overall medical condition.





WE SAVE LIVES. With the AV Fistula Creation Medical Mission, the Rotary Club Passport One Marikina was able to save lives of indigent dialysis patients who cannot afford the high cost of operation. Without AV fistula, a patient cannot have dialysis and is at high risk of infection. Patients who stop dialysis treatment may live a little over one week depending on their overall medical condition.



Rotary Club Passport One Marikina Service Project Director Dr. Jay Alejandro assesses patients before undergoing AV Fistula creation.



WE CARE: District 3800 Assistant Governor Emily Tiozon (Top picture, left) and RCPOM President Dr. Michael Vincent Corsino (Bottom picture, left) explains proper AV Fistula care and distributes Care Kit and Food Packages to patients and their accompanying relatives.



The Rotary Club of Passport One Marikina brings together a team of doctors from the Philippine Heart Center for the AV Fistula Creation Mission in Cabanatuan, Nueva Ecija. The team is composed of 11 surgeons headed by Dr. Samuel Andin (3rd from right), Division Head – Adult Cardiac Surgery of the Philippine Heart Center.



IMAGINE TOMORROW



IMAGINE
ROTARY

Intro:

Imagine tomorrow (4x)

Verse 1

Imagine all possibilities
Imagine our world transformed
Imagine a world that deserves our best
we can make a change through service above self
Imagine our role in Rotary
with meaningful responsibilities
Imagine the power of Rotary
We can turn those dreams into reality.

Pre-Chorus

We can make a difference
be brave and dream big
We got that certain magic
That Rotary magic

Chorus

Imagine tomorrow (4x)
We don't imagine yesterday
we're here for tomorrow
Let everyone have a part and say
we're here for tomorrow

Imagine tomorrow (4x)

Verse 2

Imagine we're very near
So close to end all fears
of sickness that's our advocacy
We join the fight. Eradicate what might
harm humankind
We do our best to save all the rest
Imagine the power of Rotary
We can turn those dreams into reality

(Repeat Pre-Chorus & Chorus)





HIRAYA MANAWARI: RI PRESIDENT JENNIFER JONES' PHILIPPINE IMPACT TOUR

